

THE ACHILLES CLUB

2020-2021



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Dr Geoffrey B Hill (CAMBRIDGE AND PRINCETON)



Zoom meetings enable members to participate from around the world, and will remain a welcome part of Club life



CENTENARY
1919 - 2019

NATIONAL RANKINGS

THE FOLLOWING MEMBERS WERE RANKED IN THE UK TOP 50 DURING 2020:

4	Peter Hodkinson	10000m	30:33.94
5	Eoghan Totten (Ireland)	10000m	30:44.0
6	Christina Nick (Germany)	DT	50.84m
7	Norman Shreeve	Marathon	2:17:11
8	Sam Trigg-Petrovic	TJ	15.81m
9	Danny Eckersley	3000m SC	9:19.15
9	Matt Leach	HM	62:57:00
9	Matt Leach	Marathon	2:17:38
10	Sam Clarke	110H	15.3
10	Jack Paget	HT	62.27m
11	Louise Shanahan (Ireland)	800m	2:03.17
12	Sam Clarke	400H	54.13
12	Eleanor Bolton	5000m	16:08.81
13	Jamie Edgerton	3000m SC	09:46.18
14	Jake Watson	PV	4.72m (i)
16	Marley Young (Australia)	DT	43.86m
18	Helen Broadbridge	HT	48.83m
18	Kate Davies	JT	41.08m
19	Michael Painter	HT	53.48m
21	Norman Shreeve	HM	64:40:00
23	Will Mackay	Marathon	2:26:14
23	Michael Painter	DT	40.72m
23	Louise Shanahan (Ireland)	1500m	4:18.42
24	Rowan May	PV	4.61m (i)
24	Jude Compton-Stewart	JT	55.60m
27	Jake Watson	400H	57.6
30	Jonathan Escalante-Phillips	HM	65:36:00
30	Niamh Bridson Hubbard	3000m	9:36.60
30	Mary Adeniji	TJ	11.87m
31	Alexandra Burchill	400H	70.54
32	Robin Croft	HT	44.07m
33	Marley Young (Australia)	SP	13.36m (i)
33	Helen Broadbridge	DT	39.25m
34	Peter Hodkinson	5000m	14:35.33
34	Callum Court	PV	4.50m (i)
35	Emma Hodson	HM	77:01:00
35	Madeleine Smith	TJ	11.59m
35	Bridget Fryer	DT	38.96m
39	Eoghan Totten (Ireland)	5000m	14:41.04
40	Will Mycroft	HM	65:57:00
41	Cara James	HT	40.35m
42	Dan Mulryan	5000m	14:43.91
42	Rahil Sachak-Patwa	Marathon	2:31:33
42	Abi Jones	JT	35.41m
43	Fergus Imrie	DT	36.89m
43	Eleanor Bolton	1500m	04:26.86
44	Mosope Oyelola	DT	36.36m
44	Lea Wenger	100H	16.9
45	Alex Milne	HM	66:08:00
45	Georgios Zaphiris (Cyprus)	TJ	13.89m
45	Martha Stevens	100H	17.0
48	Marley Young (Australia)	HT	31.95m
48	Jenny Richards	HT	38.97m

Compiled by Caspar Eliot & Dan Hooker

ACHILLES UNBOWED

In a year when too little competition could take place, we celebrate over the next few pages the performances which were nevertheless achieved.

Elsewhere in this edition, members have had ample opportunity to rummage through their attics, to reminisce, and to remind us how good they were. Every cloud has a silver lining. So more pages than usual are devoted to past glories: the spotlight falls particularly on the 1960s, on 1980 and on 1995.



BRITISH CHAMPION

Charlotte Dannatt enjoyed a breakthrough cross country season. After placing 2nd to **Niamh Bridson Hubbard** in the December 2019 Varsity Match, and then 4th at BUCS, she was crowned British Champion in winning the Inter-Counties and became the latest in the select group of members who have featured on the cover of AW.... just before havoc was wrought on the rest of everyone's season.

BIG NOISE AT BUCS

After several years of our men's teams making the biggest noise at BUCS XC, it had already been the women making headlines. Led by **Charlotte Dannatt**, there were 6 Achilles members in the top 16 with **Dani Chattenton** 7th, **Eleanor Bolton** 9th, **Niamh Bridson Hubbard** 10th, **Emily Ruane** 15th and **Nancy**

Scott 16th. CUH&H and OUCCC finished level in 3rd place in the team competition, with CUH&H taking the bronze medals on count back - needless to say, a combined Achilles team would have won Gold.

There was further success in the BUCS B races, as the CUH&H men took Bronze with **Jamie Edgerton** top scorer in 9th, while in the first ever running of the women's B

Louise Shanahan became **IRISH NATIONAL INDOOR** Champion at 15000m in 4:40.45

race OUCCC took another team Bronze with **Alex Brown** 7th and **Laura Shipley** 9th. CUH&H's **Louise Shanahan** was 6th.

CHAIRMAN

Former OUCCC Captain **Chris Brodie** has been appointed Chair of the Commonwealth Sports Foundation.

FIXTURES 2021

The following dates are provisional, and assume that regulations allow:

Saturday 17th April—LICC Match 1, at Lee Valley

Saturday 15th May—VARSITY MATCH, at Oxford

Saturday 26th June—LICC Match 2, at Barnet Copthall

Late June date tba — Varsity Field Events and Relays Matches, at Cambridge

Saturday 31st July—LICC Match 3, at Barnet Copthall

Saturday 28th August—LICC Match 4, at Barnet Copthall

Early April 2022—Oxford & Cambridge Transatlantic Tour

LICC matches are effectively open meetings, and can be entered on the day without restriction: entry is free for Achilles members.

NEW MEMBERS

The Club warmly welcomes the following, who have joined during 2020:-

Emily Baker-Thurston, Cambridge
Jude Bright-Davies, Oxford
Archie Carpenter, Cambridge
Samuel Clarke, Cambridge
Jeremy Dempsey, Cambridge
Seb Dunne, Cambridge
Adahna Ekoku, Oxford
Leah Everson, Cambridge
Eliška Freiburgerova, Oxford
Annie Geiger, Cambridge
Sophie Haldane, Oxford
Angus Harrington, Oxford
Ben Hendry, Cambridge
Mounir Hinedi, Cambridge
Annanay Kapila, Cambridge
Denise Kohlhepp, Cambridge
Esther Leong, Oxford
Joy Lisney, Cambridge

Maciej Maruszczak, Cambridge
Samuel Nelson, Oxford
Zute Ogbedeh, Cambridge
Patrick O'Keefe, Oxford
Joanna Olatunji, Cambridge
Mo Oyelola, Cambridge
Emily Ruane, Cambridge
Louise Shanahan, Cambridge
Marco Siniscalchi, Oxford
Martha Stevens, Cambridge
Huw Thomas, Oxford
Toby Twentyman, Cambridge
Jake Watson, Oxford
Tom Wilkins, Cambridge
Aidan Williams, Cambridge
Marley Young, Cambridge
Tjasa Zaletel, Cambridge



Christina Nick set two new pb's during the year, reaching 50.84 and ranking 6th in the UK

VARSITY FIELD EVENTS AND RELAYS MATCHES

LEE VALLEY SPORTS CENTRE

29 FEBRUARY 2020

HONOURS EVEN

In retrospect what turned out to be the only Varsity athletics of the year takes on a new significance. At the time we noted simply an enjoyable day of fierce competition on a slightly cold and windy day for the throwers.

Honours were shared, with Cambridge winning the Men's Track 4-2 and the Women's Field 5.5-2.5, while Oxford won the Women's Track 5-1 and retained the Men's Field with a 4-4 draw.

Highlights on the day were an excellent first ever sub-1:30 for the Cambridge Men's 4x200m, winning with 1:29.90, and a 4.72m individual Match Record for Oxford's Jake Watson in the Pole Vault.



Men's relays (Cambridge win 4:2)

60m

(run as heats, with the 4 best, of 5, University times totalled to determine the result) Race 1: M. Hinedi (CUAC) 7.09, K. Opara (CUAC) 7.15, J. Manieson (OUAC) 7.16, J. Lueng (OUAC) 7.34, R. Kirkham (OUAC) 7.54. Race 2: A. Ejemai (CUAC) 7.26, C. Ogbedeh (CUAC) 7.27, K. Nikolov (CUAC) 7.37, M. Thornton (OUAC) 7.48, W. Heard (OUAC) 7.54. Guests race: D. Adeboye (CUAC) 7.58, J. Fafowora (OUAC) 7.59, A. Xhamami (OUAC) 7.61

Cambridge 4 best times 28.77

Oxford 4 best times 29.52

4x200m

1. Cambridge 1:29.90 **record** (C. Ogbedeh 23.4, S. Day 22.5, B. Matthews 22.1, K. Opara 21.9). 2. Oxford 1:32.96 (-24.5, -23.0, -23.3, M. Newton 22.4) 3. Cambridge "B" 1:34.25 (K. Nikolov 24.2, B. Ross-Russell 22.7, J. Mitchell 23.5, D. Adeboye 23.8). 4. Oxford "B" 1:36.06 (W. Heard 26.7, R. Kirkham 22.9, M. Hubner 24.2, M. Smith 24.4)

4x400m

1. Cambridge 3:19.63 (S. Clarke 50.3, S. Day 49.7, G. Pugh 50.5, B. Matthews 49.2). 2. Oxford 3:22.54 (S. Nelson 53.4, M. Buckley 49.6, -50.1, M. Newton 49.8) 3. Cambridge "B" 3:36.28 (J. Mitchell 52.5, T. Wilkins 55.0, J. Asemota 54.0, W. Gu 54.8). 4. Oxford "B" 3:39.03

4x800m

1. Oxford 8:01.37 (S. Brown-Arajo 1:58.4, M. Weatherseed 1:55.9, T. Ralph 1:56.6, A. Gruen 2:10.6). 2. Cambridge 8:16.27 (A. Rigby 2:01.6, J. Coxon 1:59.8, J. Dempsey 2:03.9, H. Cox 2:11.0). 3. Oxford "B" 8:36.92

Distance Medley (1200m x 400m x 800m x 1600m)

1. Oxford 10:18.43 **record**. 2. Cambridge 10:21.15 (J. Coxon, S. Clarke, H. Cox, J. Dempsey). 3. Oxford "B" 11:13.36

5000m (non scoring)

1. D. Mulryan (O) 14:43.91

60m hurdles

(run as 2 heats, with the 4 best, of 5, University times totalled to determine the result) Race 1: S. Clark (C) 8.45, E. Baines (C) 9.77, B. Strickland-Bennett (O) 9.91, J. Mitchell (C) 9.94, D. Gregory (O) 10.25. Race 2: M. Siniscalchi (O) 8.74, M. Treasure (C) 9.69, D. Spencer Jolly (O) 10.80, C. Everett (O) 11.35

1. Cambridge (4 total times) 37.85

2. Oxford (4 total times) 39.70

Men's field events (Tie 4:4)

High Jump (indoors)

1. Oxford 6.85 (C. Everett 1.85, J. Watson 1.75, D. Gregory 1.65, J. Solecky 1.60). 2. Cambridge 6.60 (E. Sorrell 1.80, T. Marino 1.70, A. Goldney 1.60, S. Dunne 1.50)

Pole Vault (indoors)

1. Cambridge 12.40 (C. Court 4.00, K.T. Jensen 3.20, I. Carey 2.80, P. O'Keefe 2.40). 2. Oxford 11.72 (J. Watson 4.72, V. Nicod 2.80, B. Strickland-Bennett 2.20, D. Gregory 2.00)

Long Jump (indoors)

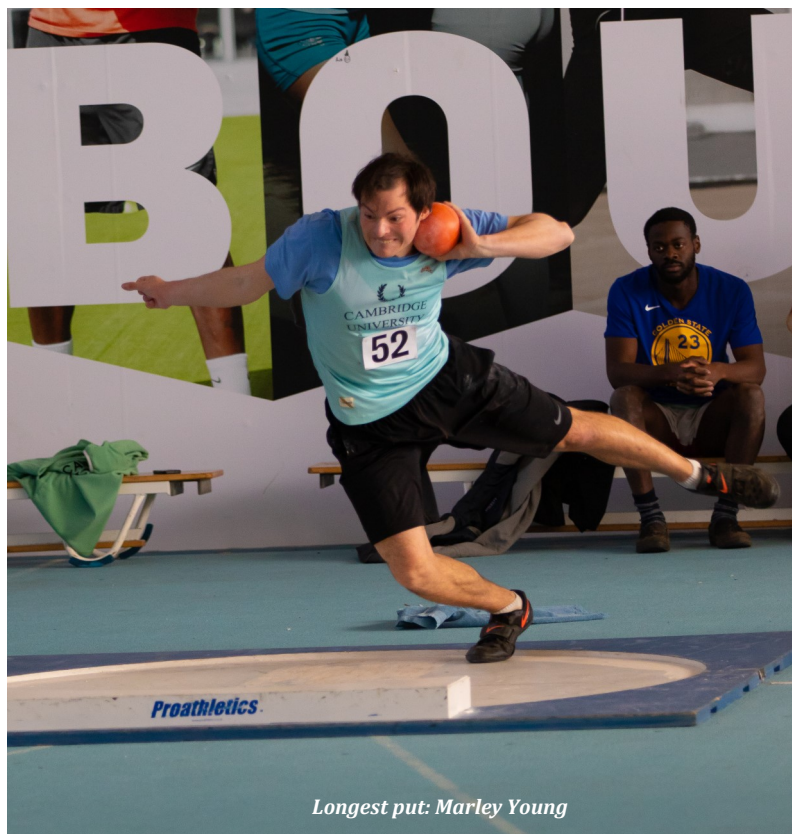
1. Cambridge 24.38 (G. Zaphiris 6.45, A. Ejemai 6.19, M. Treasure 6.04, E. Baines 5.70). 2. Oxford 22.61 (J. Fafowora 6.21, D. Gregory 5.91, T. Chan 5.32, D. Lyness 5.17)

Triple Jump (indoors)

1. Cambridge 51.02 (G. Zaphiris 13.89,



Jake Watson set a match record in the pole vault of 4.72m



Longest put: Marley Young



Andrew Ejemai



Record breaking 4 x 200: Sam Day's leg



Adahna Ekoku, Martha Stevens (54), Eleanor Vickers (119), Lea Wenger

R. Morgan 13.12, M. Treasure 12.54, B. Lubwama 11.47). 2. Oxford 47.67 (T. Chan 12.25, J. Fafowola 12.05, A. Krupa 11.71, D. Lyness 11.66)

Shot Putt (indoors)

1. Oxford 44.61 (M. Painter 12.44, F. Imrie 11.89, B. Aldous 10.14, D. Gregory 10.14). 2. Cambridge 40.57 (M. Young 13.31, R. Croft 9.58, E. Goriola 9.52, M. Oyelola 8.16). Guests A. Goldney (CUAC) 7.86, C. Abel(CUAC) 6.54

Discus (outdoors)

1. Oxford 142.56 (M. Painter 40.72, F. Imrie 36.89, D. Gregory 33.18, B. Sullivan 31.77). 2. Cambridge 126.18 (M. Young 41.41, T. Marino 31.15, R. Croft 27.98, E. Goriola 23.89). Guests B. Anderson (OUAC) 26.63, M. Oyelola (CUAC) 25.64, B. Aldous (OUAC) 18.06

Hammer (outdoors)

1. Oxford 126.16 (M. Painter 53.48, F. Imrie 27.14, B. Sullivan 25.60, B. Anderson 19.94). 2. Cambridge 103.21 (R. Croft 39.29, M. Young 28.25, E. Goriola 21.50, W. Styles 14.17)

Javelin (outdoors)

1. Cambridge 167.71 (J. Compton-Stewart 55.60, J. Maiklem 42.43, R. Croft 34.88, T. Marino 34.80). 2. Oxford 147.49 (J. Steed 40.00, J. Fisher 39.55, B. Anderson 34.35, D. Gregory 33.59)



Jimi Fafowola

Women's relays (Oxford win 5:1)

60m

(run as 3 heats, with the 4 best, of 5, University times totalled to determine the result) Race 1: F. Cochrane (C) 8.13, M. Cienciala (C) 8.25, H. Skinner (O) 8.27, A. Ekoku (O) 8.34, P. Maton (O) 8.42, F. Robson (C-guest) 8.57. Race 2: Z. Nunn (O) 8.12, M. Adeniji (C) 8.24, S. Mahadeva (O-guest) 8.50, T. Ward-Brew (O) 8.51, Z. Brady (C) 8.52, Z. Prickett (C) 8.65

1. Cambridge (4 total times) 33.14
2. Oxford (4 total times) 33.15

4x200m

1. Oxford (H. Skinner 26.7, I. Busa 26.5, S. Mahadeva 26.8, S. Haldane 26.4) 1:46.39. 2. Cambridge (B. Clark 28.0, A. Prickett 29.5, M. Stevens 28.1, E. Wal-



Jenny Richards

lace 26.6) 1:52.08

4x400m

1. Oxford (I. Busa 62.1, A. Harray 62.6, E. Freibergrova 61.5, S. Haldane 60.3) 4:06.17. 2. Cambridge (B. Clark 61.8, S. Espeute 65.2, L. Everson 64.6, E. Wallace 59.5) 4:11.17. 3. Cambridge "B" (66.2, 62.0, 68.6, 67.8) 4:24.60

Oxford "B" did not finish a team

4x800m

1. Oxford (N. Bowley 2:20.6, A. Shipley 2:23.5, A. Harray 2:25.6, E. Freibergrova 2:20.7) 9:30.31. 2. Cambridge (L. Everson 2:24.0, E. Bradley 2:35.5, L. Brown 2:34.3, E. Fennelly 2:24.1) 9:57.90

Distance Medley (1200 x 400 x 800 x 1600)

1. Oxford (A. Sharp, R. Keddie, E. Freibergrova, C. Dannatt) 12:13.20 **record**. 2. Cambridge (E. Fennelly, B. Clark, L. Brown, E. Bradley) 13:03.02

60m hurdles

(run as 2 heats, with the 4 best, of 5, University times totalled to determine the result) Race 1: A. Ekoku (OUAC) 9.54, E. Vickers (OUAC) 9.87, M. Stevens (CUAC) 9.97, L. Wenger (CUAC) 10.12, L. Baliman (CUAC) 11.21. Race 2: A. Harray (OUAC)

11.13, A. Geiger (CUAC) 11.97, J. Richards (OUAC) 12.01, J. Bennett (OUAC) 14.04 [A. Prickett (CUAC) disqualified]

1. Oxford (4 total times) 42.55
2. Cambridge (4 total times) 43.27

Women's field events (Cambridge win 5.5 : 2.5)

High Jump (indoors)

1= Cambridge 5.78 (L. Wenger 1.54, F. Cochrane 1.54, M. Stevens 1.40, I. Wood 1.30). 1= Oxford 5.78 (E. Vickers 1.54, A. Inglis 1.54, L. Legris 1.40, T. Duneau 1.30)

Pole Vault (indoors)

1. Cambridge 10.15 (J. Sheasby 2.85, R. Martin 2.60, G. Wray 2.40, I. Chang 2.30)
2. Oxford 6.60 (A. Inglis 2.00, T. Duneau 1.80, H. Page 1.50, L. Legris 1.30)

Long Jump (indoors)

1. Cambridge 20.08 (M. Adeniji 5.55, M. Ciencala 4.98, R. Unwin 4.88, C. Ellis 4.67).
2. Oxford 19.54 (A. Ekoku 5.32, M. Smith 5.08, H. Skinner 4.75, A. Harray 4.39)

Triple Jump (indoors)

1. Oxford 41.95 (M. Smith 11.17, A. Ekoku 10.93, H. Skinner 10.33, A. Harray 9.52. 2.

Cambridge 40.40 (M. Adeniji 11.42, R. Unwin 9.91, C. Ellis 9.88, C. Antoniou 9.19).

Shot Putt (indoors)

1. Cambridge 36.93 (C. James 10.92, R. Rice 8.97, B. Fryer 8.67, M. Meju 8.37)
2. Oxford 33.74 (T. Palumaa 9.19, J. Richards 9.02, A. Jones 8.40, C. Shepperson 7.13)

Discus (outdoors)

1. Cambridge 126.57 (B. Fryer 37.43, C. James 34.34, R. Elwood 32.32, G. Kinsley 22.48). 2. Oxford 101.61 (J. Richards 31.65, T. Palumaa 28.21, C. Shepperson 24.32, A. Shipley 17.43)

Hammer (outdoors)

1. Cambridge 118.05 (C. James 40.35, B. Fryer 30.59, C. Spruzen 25.08, E. Baker-Thurston 22.03). 2. Oxford 112.47 (J. Richards 38.97, C. Shepperson 31.65, T. Palumaa 25.21, M. Bonsu 16.64)

Javelin (outdoors)

1. Oxford 121.67 **record** (A. Jones 35.41, A. Shipley 29.71, T. Palumaa 29.44, M. Bonsu 27.11). 2. Cambridge 110.66 (M. Bevan 31.13, F. Cochrane 28.55, L. Harvey-Kelly 27.04, G. Kinsley 23.94)

CJRT Version 4 12.4.2020

LICC AND OTHER MATCHES



Peter Crawshaw (in yellow) with the other organisers Ty Holden, Clyde Gordon and Geoff Morphitis, whose tireless efforts enabled a series of LICC events to be held ..



Socially distanced: Sam Nelson, Samuel Clarke, Florence Cochrane, Tiwa Adebayo, James Tufnell, Justin Leung

LICC- 2nd August

Discus	Christina Nick	SW	48.90
100	Samuel Clarke	SM	11.62
	Sam Nelson	U20M	11.77
	Justin Leung	SM	11.85
	Alan James	M40	12.79
	James Tufnell	SM	12.87
	Florence Cochrane	SW	13.19
Shot	Bo Ivanovic	M75	9.51
Triple jump	Grant Stirling	M45	12.43

LICC- 16th August

Pole vault	Jen Sheasby	SW	2.70
400mH	Samuel Clarke	SM	56.36
800m	Catriona Witcombe	SW	02:17.2
High Jump	Lea Wenger	SW	1.55

200m	Justin Leung	SM	24.45
	Sam Nelson	U20M	23.04
	Daniel Gregory	SM	23.38
	Sam Nelson	U20M	23.04
	Anuraag Vazirani	SM	23.54

LICC- 6th September

Discus	Bridget Fryer	SW	38.96
100mH	Lea Wenger	SW	17.36
	Martha Stevens (fell)	SW	19.06
110mH	Samuel Clarke	SM	15.46
100m	Justin Leung	SM	11.78
	Alan James	M40	12.90
	Paul Willcox	M65	DNF
Triple jump	Grant Stirling	M45	12.07



Paul Willcox started... but did not finish!



Bo Ivanovic now ranks 4th in the UK All-Time M80 shot put rankings.

CUAC COLLEGE LEAGUE



6th October

800	Jonathan Nash	U20M	2.11.5
	Aric Klukowski	SM	2.13.9
	Justin Hayward	V50	2.30.7
	Iiya Carey	SM	2.45.4
800	Ellie Loosley	U20W guest	2.27.5
	Isabel Mastrotonardo	SW	2.33.9
	Emma Alderton	U20W guest	2.39.3
	Charlotte Bridger	U20W guest	2.48.8
1500	Grey Grierson	SM	4.37.4
	Samuel Lloyd	SM	4.40.7
	Humphrey Allen	SM	4.50.9
	Fergus McCormack	SM	4.56.5
	Matthew Wright	SM	4.59.6
	Tomasz Kosciuszko	SM	5.15.9
	Maya Hodgson	U20W guest	5.21.3
	Jonty Bridger	U20M guest	5.25.6
	Isabel Mansley	U20W guest	5.26.4
	Faridat Abdulsalami	SW	7.16.3
1500	Rian Mccawley	SM	4.04.8
	James Rennie	SM	4.17.3
	Ewan Spencer	U20M	4.20.1
	Mark Poynting	SM	4.21.6
	Matthew Smith	SM guest	4.38.3
	Richard Park	SM guest	4.39.5
	George Crimes	U20M	4.48.0

11th October

200mH	Samuel Clarke	U23M	24.9
	Joseph Mitchell	U23M	28.6
200mH	Martha Stevens	U23W	32.2
	Penelope Batty	U20W	39.5
LJ Women	Christina Antoniou	SW	4.78
	Irina Ferapontova	U23W	4.15
	Ilya Carey	U23M	4.76
LJ Men	Ryan Morgan	U23M	5.75
	Morgan Treasure	U20M	6.09
	Samuel Clarke	U23M	6.12
	Magda Cienciala	U23W	4.78
	Lea Wenger	SW	4.59
	Martha Stevens	U23W	4.83
	Christopher Jackson	SM	5.28
100 Men	Ed Penney	SM	12.2
	Tom Fisher	U20M	12.0
	Morgan Treasure	U20M	12.0
100 Men	Ben Ross Russell	SM	11.8
	Christopher Jackson	SM	12.2
	Kyle Van Der Spuy	U20M	12.9
	Justin Hayward	V50M	13.5
100 Women	Alexandra Prickett	U23W	14.4
	Tolu Akingbade	U23W	14.8
	Rosie Rice	U23W	14.8
	Faridat Abdulsalami	SW	15.4
100mH	Martha Stevens	U23W	17.0
	Lea Wenger	SW	16.9
110mH	Samuel Clarke	U23M	15.3
200 Men	Ben Ross Russell	SM	24.0
	Ed Penney	SM	24.4
	Ilya Carey	U23M	28.3
200 Men	Angus McIntosh	SM	25.4
	Jonathan Nash	U20M	26.4
	Justin Hayward	V50M	27.1
300 Men	Antonin Jean	SM	42.7
300 Women	Emily Song	U23W	51.3
400 Men	Ikechi Mere	U20M	55.5
	Isaac Parker	U20M	53.1
	Joseph Mitchell	U23M	54.9
400 Men	Jonathan Whitesman	U20M	60.3

Max Fryer	U20M	62.1
Tomasz Kosciuszko	SM	58.1
Justin Hayward	V50M	61.5
400 Women Penelope Batty	U20W	78.2

18th October

Javelin Jude Compton-Stewart	U23M	51.90
Samuel Clarke	U23M	42.54
Daniel Roffey	U20M	37.77
Rian McCawley	U23M	37.32
Robin Croft	SM	36.76
Jan Cross-Zamirski	SM	34.24
Daniel Warnes	SM	29.31
Oren Hargreaves	SM	17.51
Ryan McCormack	U20M	15.50
Pragash Mohanarajah	U20	nt

Andrea Nóvoa Martínez	SEN	32.86
Johanna Schoenecker	SEN	32.65
Joy Lisney	SEN	21.48
Cara James	U23W	20.02
Lea Wenger	SEN	16.87
Rosie Rice	U23	16.47





Samuel Clarke

Triple Jump	Morgan Treasure	U20M	13.11
	Ryan Morgan	U23M	12.54
	Daniel Roffey	U20M	11.89
	Irina Ferapontova	U23W	9.77
	Johanna Schoenecker	SW	8.73

25th October

Discus

2kg	Marley Young	SM	43.86
2kg	Robin Croft	SM	30.66
2kg	Mo Oyelola	SM	29.99
1kg	Bridget Fryer	SW	38.74
1kg	Cara James	U23	27.62
1kg	Lea Wenger	SEN	20.15
1kg	Jacqueline Drewe	SEN	19.45
1kg	Joanna Olatunji	U20	18.45
1kg	Elizabeth Ball	U23W guest	17.19
1kg	Andrea Nóvoa Martínez	SW	17.13

Hammer Throw

7.26kg	Robin Croft	SM	44.07
7.26kg	Marley Young	SM	31.95
7.26kg	Cody Abel	U23M	18.85
6kg	Joseph Scase	U17 guest	28.72
5kg	Malcolm Fenton	V60 guest	42.35
4kg	Cara James	U23W	36.16
4kg	Elizabeth Ball	U23W	30.48
4kg	Bridget Fryer	SW	28.27
4kg	Jacqueline Drewe	SW	21.68
4kg	Andrea Novoa-Martinez	SW	13.97
4kg	Lea Wenger	SW	12.14
4kg	Charlotte Spruzen	U23W	nt

Shot Put

7.26kg	Marley Young	SM	13.36
7.26kg	Daniel Roffey	U20M	7.33
7.26kg	Cody Abel	U23M	6.53
4kg	Cara James	U23W	9.86
4kg	Andrea Novoa-Martinez	SW	8.14
4kg	Lea Wenger	SW	8.11
4kg	Martha Stevens	U23W	7.25
4kg	Jacqueline Drewe	SW	7.10
4kg	Charlotte Spruzen	U23W	5.55
4kg	Elizabeth Ball	U23 guest	4.97



Joy Lisney



Florence Cochrane

1995

CUAC, OUAC & ACHILLES 25 YEARS ON...

That was then, this is now

By Andy Barber (CUAC Men's Captain 1995)

Well. This is awkward.

What we all want to be reading are reports of last year's Varsity matches and other fixtures. We want to see recent pictures of athletes competing and of members involved in all that Achilles is about. We want to be reading about this year's successes in the sport.

Instead, you have these pages filled with this. It is ok to be disappointed. This really isn't how it should be.

Many of you won't know who I am - my involvement in Achilles is less than it was 25 years ago when I was men's team captain at CUAC. With my competing days well behind me, my involvement in the sport over this past year has been as a coach. It has been one spent talking to athletes helping them process the fact that the championships they were targeting have been taken away. Trying to set targets and goals away is hard. We have been working out where to train with no track, in the dark with poor or no lighting, and when it is icy. We have not even been able to have these conversations

By Carolyn May

CLOSE FINISH

My abiding memory as OUAC Women's Captain is that we thought we had won by a point in winning the 4 x 400m - I remember overtaking Ruth Irving on the final lap coming down the home-straight: it was only when there was a recount that it was realised the high jump had been scored incorrectly and we had in fact lost by one point!

COVID EXPERT

The high jumper in question was my very good friend Christina Pagel (now Professor) who has recently been all over the news talking about Covid figures and

lockdown strategies as a member of Independent Sage.

Our 4 x 400m team was three psychologists (all in the same year, all on the same course) - Jolles, Claire Woolley and me, plus Clare Martin (now Phillips), another great friend and fellow Queen's College girl. None of us were 400m specialists but we made up for it with determination.

NUISANCE

We had the great sprint double from Afi Amaku and Emma De Sousa; and Clare Martin pulled off two great wins in the 800 and 1500m. The opposition's Sarah Winckless was obviously a total nuisance in the throws as was



Paul Gray winning the Varsity 800m at the brand new Wilberforce Road track. Andy Barber (4) was 3rd and won the 1500m.

over the normal pizza, pasta, curry or coffee. Zoom, FaceTime and text have taken their place.

This isn't how athletics should look.

Early in first lockdown I picked up a message from one athlete I coach. On a year out from uni she had started a NHS placement at a hospital just eight weeks earlier. Now she was messaging about what was unfolding in front of her, that was unimaginable weeks earlier and that would get worse. It hasn't just been the lost races and training. There have been major heartaches and challenges for so many people.

Looking back

Things were very different, and I've forgotten so much. When Paul Willcox sent me through some of the results

Ruth in the horizontal jumps.

The Women's Blues teams were very small in number with several of us covering a lot of events. Ruth and I were both doing combined events at the time. I even did the Javelin which was pretty terrible!

RELAXED

Matt had it a lot easier in the men's team and looked a whole lot more relaxed during the day, whilst I was heading round the track shrieking at 3,000m runners to run faster! And it was Matt who organised dumping me in the water jump at the end of the day... which was just lovely!

After 131 years of waiting, with the opening of Wilberforce Road, Cambridge were given a second chance to prove that they can run a Varsity Match without gambling scandals and rampaging supporters, both factors which contributed to the fixture being banished to London after the 1865 match at Fenners. The worst that happened was that post match celebrants took as a trophy the letter 'C' from the smart new sign at Churchill College: they just about got away with it once Chris Thorne had mollified the Dean and persuaded him that they had actually done the college a service by highlighting defective adhesive.

The women's match was a nail-biter, with Cambridge having to ensure that they did not drop the baton on the last relay to win by a single point. **Sarah Winckless** broke her own match record in the discus, and was awarded the Susan Dennler Trophy. **David Reeve's** 15.05 Triple Jump won the Drake Digby Trophy.

of the year as an aide-memoire they were exactly that – they brought back memories.

Most of all there are people. It is hard to forget Andy Hodge and the eclectic range of jaunty headwear. Many of those are permanently burned onto my eyeballs.

I remember the conversations with Dr Chris Thorne and his knowledge of performances not only of present athletes, but way back into the past.

There is no way I will ever forget the support, advice and example of Dewi Roberts. The president Ruth Irving and I that year joined the list of countless people in knowing Dewi as someone always there to chat, to listen and give wise advice. The best advice from Dewi has always been not just in what he has said, but how he lives.

It was Dewi who while on an Americas Tour trip, steered two of the athletes to sit next to each other on the bus – Dan and Ellen Leggate, as they now are. My family and I caught up with them and their daughters last year, and also with another couple who too had got together through the team of 25 years ago. Lives were being shaped. Events then and the deliberate actions of people still have great personal relevance in my life today.

The conversations and connections are still vivid and relevant – on team buses, in queues for the burger vans on Cambridge marketplace, or travelling in small hire cars with very long poles strapped to the roof heading back from Meadowbank Stadium in Edinburgh.

Results mattered and still do

None of this is to say results don't matter. I'm sure the football coach Arrigo Sacchi was tripping over his words and meant 'athletics' when he said, "It is true that football is the most important of life's unimportant things, but it also requires attention, love, passion and a Dewily presence, without which the results will not come."

Ruth Irving and I, as well as Matt Weaver and Carolyn May across at Oxford, and with our respective committees worked hard to get the results we wanted.

Looking at the results of the Varsity Match and Americas Match the names of Gareth Rees, Nick Walne and Jamie Reynolds show how both clubs brought in talent from rugby. Steph Forrester from football and Ruth Gilpin from hockey also came in as part of the Cambridge team for the Varsity Match and went on to compete in the Americas match, and I am sure there were others in the Oxford team. Another notable name on the team sheets is Sarah Winckless who went on to win an Olympic bronze and world titles in rowing.

Bringing people in was different 'back in the day'. No Facebook. No mobile phones. No texts. No meaningful email. Ruth and I had embraced technology. We both had phone lines in our rooms. Some of us enjoyed changing each other's machine messages when they were out of the room. I was very proud that my phone was cordless so I could carry on talking while burning baked beans in the gyp room. But most of the communication had to be done by paper (writing with pens) and by leaving messages in pigeon-holes or stuffed under doors.

With schedules and team announcements given on no-



ticeboards in the window of Ryder & Amies there were moments where I walked across with essential information for the club, only to realise that the message may never reach its audience. I hadn't got enough drawing pins. In the same way talented athletes were coveted and made moves across university sports, many drawing pins made their journeys between sports and their noticeboards. It was amazing how few pins the university squash club could be left with when CUAC or CUH&H had important news to give their members.

And with hindsight our endurance training was less sophisticated than it is now. We certainly didn't have the discerning eye of the likes of Phil O'Dell. Donald Naylor and I were once explaining our session to a high jumper and other field eventers. It was 21 times 400m. "Why 21?" was their question. "It's one more than 20," was our obvious answer. It did nothing to reduce the lack of understanding between the two sections of the club.

On track

One of the most significant developments in my time as captain was the Wilberforce Road track. Lockdown has again made people aware of the difference a track makes.

OXFORD v CAMBRIDGE at Wilberforce Road, Cambridge 20 May 1995	
Men - Blues teams	
100m	J. Reynolds (C) 11.1, S. Rosato (O) 11.2, D. Gardiner (C) 11.2, J. Harrison (O) 11.3
200m	D. Gardiner (C) 22.4, G. Wolf (O) 22.9, A. James (C) 23.1, J. Harrison (O) 23.2
400m	C. McCaw (O) 50.6, G. Wolf (O) 50.8, J. Cordwell (C) 52.2, R. Trezona (C) 52.5
800m	P. Gray (C) 1:57.7, A. McDougal (O) 1:58.3, A. Barber (C) 1:58.4, J. Booth (O) 1:58.9
1500m	A. Barber (C) 3:56.8, M. Gosling (C) 3:58.2, A. McPherson (O) 4:11.6, N. Linden (O) 4:20.4
5000m	G. Tyler (O) 15:02.0, D. Leggate (C) 15:02.1, D. Naylor (C) 15:25.1, R. Collier (O) 15:32.4
110mh	S. Rosato (O) 15.2, S. Booth (O) 15.4, S. Parker (C) 16.0, D. Wight (C) 18.2
200mh	S. Rosato (O) 26.2, D. Wight (C) 26.8, R. Paige (O) 27.9, J. Hemon (C) 28.0
400mh	S. Booth (O) 56.4, N. Linden (O) 56.6, D. Wight (C) 58.6, J. Hemon (C) 60.3
Steeplechase	E. Broome (O) 9:14.9, J. Fitzsimons (C) 9:17.0, M. Nolan (C) 9:19.2, A. Beevers (O) 9:33.3
3000m walk	N. Barrable (O) 13:47.3, L. English (C) 14:24.4, W. Ashby (O) 14:40.1, N. Loader (C) 15:26.2
4x100m	OUAC 42.9, CUAC (Makarís, Reynokds, Gardiner, James) 43.2
4x400m	OUAC (S. Booth 53.0, Smith 51.9, J. Booth 51.4, Wolf 50.7) 3:27.0, CUAC (Ashton, Gray, Cordwell, Gardiner) 3:28.3
High Jump	P. Vigers (O) 1.95, T. Coker (C) 1.85, O. Clayton (C) 1.85, E. Savory (O) 1.80
Pole Vault	M. Weaver (O) 4.70, B. Williams (C) 4.40, S. Booth (O) 3.85, M. Liu (C) 3.30
Long Jump	N. Walne (C) 7.24, G. Davies (O) 6.94, D. Reeve (C) 6.93, N. Osei (O) 6.42
Triple Jump	D. Reeve (C) 15.04, G. Davies (O) 14.07, N. Osei (O) 13.02, D. Boulton (C) 12.59
Shot	J. Kindon (O) 12.57, B. Lambert (O) 11.91, M. Conerney (C) 11.69, G. Fury (C) 11.31
Discus	M. Conerney (C) 43.70, J. Kindon (O) 42.46, B. Lambert (O) 40.38, G. Fury (C) 28.60
Hammer	R. Weatherall (C) 42.12, D. Key-Pugh (O) 32.52, C. Llewellyn (O) 31.92, S. Newton (C) 28.34
Javelin	J. Hurron (O) 63.02, R. Paige (O) 53.96, P. Craig (C) 45.96, J. Chia (C) 42.80
Result	OUAC 123, CUAC 100

Women - Blues teams	
100m	A. Amaku (O) 12.3, E. de Sousa (O) 12.7, K. Gaus (C) 12.6, L. Piper (C) 12.8
200m	A. Amaku (O) 25.6, E. de Sousa (O) 26.6, K. Gaus (C) 26.6, L. Piper (C) 26.7
400m	R. Gilpin (C) 61.4, C. Woolley (O) 62.4, J. Iles (O) 63.2, F. Rose (C) 64.3
800m	C. Martin (O) 2:17.6, J. Critchley (O) 2:18.5, S. Forrester (C) 2:19.1, F. Thistlethwaite (C) 2:25.7
1500m	C. Martin (O) 4:44.0, Devon Martin (O) 4:45.5, J. Allen (C) 4:52.9, A. Tomkinson (C) 5:07.2
3000m	S. Forrester (C) 10:05.1, J. Anderson (O) 10:14.7, K. Rennie (C) 10:16.2, S. Hutchinson (O) 10:24.1
100mh	R. Irving (C) 15.2, K. Marvell (O) 16.3, C. May (O) 16.4, A. Harvey (C) 17.2
400mh	C. May (O) 65.7, J. Iles (O) 69.3, K. Spencer (C) 71.7, K. Thacker (C) 72.8
4x100m	OUAC (Piper, Irving, Chantler, Gaus) 51.3
4x400m	OUAC (Iles 64.8, C. Martin 61.1, Woolley 61.4, May 60.7) 4:08.0, CUAC (Rose 65.6, Spencer 65.1, Gilpin 61.5, Irving 63.5) 4:15.7
High Jump	C. May (O) 1.65, R. Irving (C) 1.60, J. Falconer (C) 1.55, C. Pagel (O) 1.50
Long Jump	R. Irving (C) 6.13, C. May (O) 5.39, J. Falconer (C) 5.12, E. de Sousa (O) 4.66
Triple Jump	R. Irving (C) 11.41, J. Falconer (C) 10.99, J. Rees-Jones (O) 9.92, J. Iles (O) 9.56
Shot	S. Winckless (C) 10.84, S. Hodgkinson (C) 9.22, K. Hooper (O) 8.99, T. Williams (O) 7.46
Discus	S. Winckless (C) 48.42 record, J. Curgenven (C) 29.94, T. Williams (O) 26.82, K. Hooper (O) 21.74
Hammer	S. Winckless (C) 35.30, R. Stott (C) 32.34, H. Salisbury (O) 28.80, K. Hooper (O) 26.40
Javelin	J. Curgenven (C) 38.58, K. Thacker (C) 31.52, C. May (O) 29.60, R. Wyndow (O) 28.98
Result	CUAC 90, OUAC 89



The 5000m v Harvard & Yale during the Centenary match: Ian Carswell, Andy Barber, Killian Lonergan, Gordon Tyler approach the bell



The veterans' handicap mile: Chris Brasher and Chris Chataway are greeted by Roger Bannister.

Varsity

After captain's duties at the start of the Varsity Match I was able to focus on my own events and a very narrow band of responsibilities. Andy Hodge did an excellent job of team management.

We knew our men would be up against it, and that the women's match would be close. So it proved, with the Oxford men's team finishing 23 points ahead and the Cambridge women winning by just one point.

There were a range of dramas. There is something unique in the Varsity Match with people knowing each other so well. Friendships and rivalries take on an intensity and nature that don't take the same shape elsewhere.

From my perspective the men's team did everything that could be asked of them. Oxford simply were better. The women's event was much closer throughout. Both teams battled hard including some notable performances. But lining up for the 4 x 400 having already notched up wins in the 100m hurdles, triple jump and long jump and second in the high jump Ruth Irving knew her team had done enough to win. As a long jumper she was relieved at not needing to end the day with an all-out 400m.

Highlights of the day included the epic battle between Gordon Tyler and Dan Leggate in the 5000m, and Sarah Winckless throwing superbly across a range of events including a match record in the discus. Less obvious, but catching my eye on the day, were the performances of James Trapmore in the Alverstones versus Centipedes match. His improvements were continuing the trajectory

When I first arrived at Cambridge the track was a cinder one at Milton Road. No floodlights, and Cuppers would see the surface churned to a quagmire most cross countries would be proud of. In my first year the others told me the done thing was to do as many events as possible. So I did. The rain didn't stop. By the end of the day pulling on a soaked, cold and grit-laden vest for another race had inevitable consequences.

A mini-bus trip to St Ives yielded a proper track, or we would use grass. My training diary for that time lists sessions alongside the initials such as PP (Parkers Piece), or JG (Jesus Green). When it says 400m, it doesn't really mean 400m.

When Wilberforce Road opened in October in 1994 it made a huge difference as a facility, and as a focal point for the club. It was an added bonus for Cuppers that year that every winner would, for however short a time, be a stadium record holder. It certainly beat having your kit turned to sodden sandpaper and the skin stripped from the many friction points all over your body.

The hard work of many people over many years in getting the university and club to that point of having the track at Wilberforce Road opened shouldn't be underestimated. The benefit it brings continue today.

that had been taking shape, and would see him making his impact in Varsity Match in the years ahead.

The evening also had its own dramas. I won't go into details about why it was necessary to smuggle Niall Linden past the Porters of Trinity College and away from the Great Court. But we managed it. And shortly after that things started to become calmer. The fact one of the team had the keys to his college bar meant that was where my evening wound down, putting the world to rights with the Blues team race walking contingent and Jamie Reynolds, before walking back home as the sun came up.

A piece of history

I didn't get much rest as the next day we had to select the team for The Centenary Match – 100 years since Yale and Oxford's first international athletics. Harvard and Cambridge were now in on the fixture and not going to miss out on a party like this. It was a memorable day. Followed next day by a celebratory banquet at Guildhall after which some of us managed to miss the bus home.

Thanks to British Rail my late arrival at the British Universities Championships in Edinburgh had meant I missed the 800m heats and instead ran a 10,000m. Not the plan. But based on that run some of those involved in the selection process thought that I should run 10,000m again against the Americans Ruth just sat laughing while the ever-gracious Dewi negotiated a compromise. I was put down to run the 5000m.

So I missed out on going head-to-head with Yale's Weldon Johnson (who would later run close to 28min for and be founder of the now famous Letsrun website). Instead, I saw Ian Carswell disappear over the last 200m of the 5000m as he dropped a 55-and-bits last lap on us. (It is of some comfort the 13:43.78 he ran a year later still stands as the Harvard Varsity Club record.)

I had forgotten how close the match had been – Harvard Yale winning by one event. Afi Amaku (Oxford) was hugely impressive in taking a 100m / 200m double, with a match record of 12.34 in the former. Sarah Winckless threw a record 45.48 in the discus, while Jane Falconer

Continued on p.36

From Matt Weaver

1995 was memorable for many reasons – Barings Bank was busted by Nick Leeson, South Africa won the rugby world cup and OJ Simpson was found not guilty - but personally, it was because I was the Oxford President. Harvard – Yale visited and that match, together with the dinner held at Guildhall in London, formed the centrepiece of the Centenary commemoration of the first international match, 100 years after the 1895 event between Oxford & Yale. Furthermore, we had beaten the



Harvard-Yale team two years earlier in Harvard, we had the core of that team still available, and we had high hopes of repeating the feat on home turf.

Excited Hammer Throwers

But before that was the small matter of the Varsity Match – held for the first time at Cambridge's brand new Wilberforce Road track. For the previous umpteen years, the match had been held on the tartan track at Iffley Road since Cambridge's old cinder track didn't pass muster. This was a cause of much excitement, particularly amongst the hammer throwers, who were normally consigned, due to the fragile nature of the Iffley road infield, to contest the highlight of their season at 6am in a small field somewhere outside Woodstock watched only by the bus-driver and a small herd of cattle*.

I am reminded how many women had the surname Martin: in the US match 1500m, Harvard's Jennie Martin took on Oxford's Jenny Martin and Clare Martin – a commentator's nightmare. What's more, there were a couple of Booth's amongst the men, and with Steve Booth being a decathlete, the results sheet was littered with that name too.

Eccentric

I was also responsible for the Men's Blue's team selection (back then a President was also the Team Captain). I recall 'creative' selections to cover the longer hurdles where we had no specialists. Classic double-ups included James Kindon and Bruce Lambert in the Shot and Discus, Gareth Davies in the Long and Triple jump (sadly Gareth wasn't quite able to re-create his record-equalling form from the previous year), and Guy Wolf in the 200m and 400m. But then we had Steve Booth interrupting his pole vault competition to go off and win the 400mH (the 11th event in the decathlon anyone?!). I don't recall if Steve was able to clear another height on his return, though he was sufficiently close to his pb that he must have done OK. He later trotted over the 110mH before finishing up with a leg of the 4x400m. We also had Niall Linden, the wonderfully eccentric Northern Irishman, runner up in the 400mH, as a warm up for the 1500m, and Richard Paige celebrating winning his first full blue (in three attempts) in the Javelin by running the 200mH. However, it seemed to work because Oxford men won comfortably in the end. Performances of the day were James Hurrion in the Javelin, and Gordon Tyler beating Dan Leggate by the thickness of his singlet to win the 5000m: with a couple of laps to go the Cambridge boys looked in control so I was pleasantly surprised to glance up in time to catch Gordon's sprint finish. Personally, I remember being disappointed not to be able to jump 5m in the pole vault

to complete my progression: I had jumped 4.80m in my freshman year, and 4.90m in my second year, both pbs and match records: but I was very happy to take a win against American Brett Williams, who was certainly my most accomplished opponent in three varsity matches.

SAGE Committee

The Women's match was much more evenly contested, with Oxford dominating on the track, and Cambridge stronger in the field, particularly in the throws where they took first and second in all four events. This included the only match record, by Sarah Winckless in the discus: a



few years later, she won two world championships and an Olympic Bronze medal in rowing. It also pitted the two multi-eventers – Carolyn May, Oxford Women's Captain and Ruth Irving, Cambridge's President – going head to head in 3 individual events and both relays. Indeed, Carolyn competed in 5 individual events, winning 2 of them plus 2 victorious relays, whilst Ruth won 3 of her 4 individual events. Another notable competitor was Christina Pagel, who is now regularly to be heard on the news discussing the Covid outbreak, and who is a member of the 'Independent SAGE' committee. The match ended with Cambridge being victorious by an agonising point.

Once my finals had completed the Rugby



Banquet at Guildhall, London: Dave Kirk, Niall Linden, Matt Weaver & Gordon Tyler.

World Cup had a direct influence on our team selection for the Harvard-Yale match. Gareth Rees, the Canadian fly half – known for his American-Football style passes – was an extremely competent shot-putter. He had been unavailable for selection for the Varsity Match, as he was in South Africa with the rugby squad, but he was back in time to compete against the Americans: he won the shot with a very respectable distance.

We had thought that the match would be competitive, and it certainly was. It was a warm, sunny summers day at Iffley Rd,

and as defending champions and on home turf the pressure was on. For the occasion, we had use of electronic timing – a big thing back then. Our ranks were also bolstered by returning heroes from two years earlier who were still eligible, including Andy Hodge, Malcolm Croad, Dave Reeve, Matt Birchall, Eleanor Cave and Charlotte Cutler. Scoring was by match wins and the men's and women's results were combined.

Sorry

We so nearly did it again, but lost by 19

wins to 18and it was basically my fault. The pole vault was the key 'swing' event – the victor in the pole vault had historically claimed the match, an unbroken run stretching well back to the 60s and before. And so it proved again, and I lost by 10cms...sorry everyone. There were some fantastic performances on both sides – in particular Afi Amaku winning both 100m (in record time) and 200m, events which she had also won in the Varsity Match, and Sarah Winckless setting another discus record. Another notable participant (and I have no idea why she ran the 800m) was Mara Myers (Yamauchi) who went on to 6th place at the Beijing Olympics, and 2nd in the 2009 London Marathon.

Privileged

The dinner afterwards was incredibly memorable – it remains the only time that I have been to Guildhall, and I have never before or since walked into the dining hall past a guard of honour wearing real armour and holding real long-handled axes. I also remember speaking to Chris Chataway, who presented me with something, I forget what, as OUAC President. The list of dignitaries was impressive, and the centenary was well and truly celebrated. All in all, a wonderful day, and, for me personally, a marvellous way to sign-off as a student. I still feel very privileged to have been lucky enough to participate.

MASTERS FOCUS

John Moreland - World No. 1- reflects on recent successes

Having first picked up a discus when I was 15, I have been throwing for 47 years now, some 22 of them as a Masters athlete. I turned 60 in September 2018 and was really looking forward to competing with the 1kg discus in 2019, with the World Masters Indoors Championships in Poland in March, and the European Masters Championships in Italy in September.

Despite a disappointing performance at the British Masters Indoors Championships (M60 gold with 44.50m), I went to Poland in good shape, and won the M60 discus with 54.24m, a new British record. I won by 4 metres but had been in second place on count back going into round 5, when a 50m throw gave me a slender lead. After the penultimate thrower fouled a 52m throw in round 6 I was determined to finish on a high and was delighted with my 54.24m, my first major Championship Gold at

my 13th attempt.

After a long unbeaten season, I travelled to Italy for the European Masters Championships in September, my first foreign trip since a summer diagnosis of coeliac disease, so had to cope with the search for gluten free menus, as well as the heat and end of season tiredness. I threw 50.63m in round one and thankfully that was enough for Gold.

I finished 2019 world ranked number 1 in the M60 discus, and 2020 promised a European Indoor Championships in Portugal and a World Championships in Toronto. However, coronavirus meant all championships were cancelled, except for the British Masters Indoors which took place just before lockdown 1. I threw 51.49m there, a Championship Best Performance, and it put me at the top of the world rankings again. After that I competed in just 5 more events in the summer but was still focused



on peaking when Toronto would have happened. Fortunately, there was a pilot event at Hull at the right time. The 25th July was a beautiful day, perfect wind conditions and I had thrown 53m in a training competition that week so was in good shape. What followed was my best ever sequence of six throws –

52.38m, 55.25m, 55.66m, 52.35m, 55.66m, and 56.84m. Four throws beyond my previous best and 2.6m added to my British record. An incredible day and in front of my own coach and several other top coaches. World ranked number 1 again, in a very odd year.

John Moreland: St Edmund Hall, Oxford 1977-81

- Athletics Blues 1980 and 1981
- US Tour 1981 as athlete;
- US Tours 1997, 2001, 2005 and 2009 as throws coach;
- Achilles Tour to Cape Town, South Africa, 1996, Men's Captain, Team Manager;
- Northern Ireland discus record holder with 51.76m since 1995;
- British record holder M60 discus with 56.84m 2020.

1999 World Masters Championships Gateshead, 4th M40 discus;
 2000 European Masters Championships Jyvaszkyla, Finland, Bronze medal M40 discus;
 2001 World Masters Championships Brisbane, Australia, Bronze medal M40 discus;
 2002 European Masters Championships Potsdam, Germany, 6th M40 discus;
2003-2008 semi retired;
 2009 World Masters Championships Lahti, Finland, 4th M50 discus;
 2010 European Masters Championships Nyireghaza, Hungary, 5th M50 discus;
 2012 European Masters Championships Zittau, Germany, 6th M50 discus;
 2014 European Masters Championships Izmir, Turkey, Silver medal M55 discus;
 2015 World Masters Championships, Lyon, France, 4th M55 discus;
 2016 European Masters Indoors Championships, Ancona, Italy, Silver medal M55 discus;
 2017 European Masters Championships, Aarhus, Denmark, 5th M55 discus;
 2018 European Masters Indoor Championships, Madrid, Spain, 4th M55 discus;
 2019 World Masters Indoor Championships, Torun, Poland, Gold medal M60 discus;
 2019 European Masters Championships, Jesolo, Italy, Gold medal M60 discus;
 2020 World Masters Virtual Challenge, 1st place M60 discus.

1980

CUAC, OUAC & ACHILLES 40 YEARS ON...

IT MATTERED SO MUCH

1980 was the sixth time that the women had competed in the Varsity Match and as the results show the women literally hit the ground running, and in most events of an (overly?) protectively restricted programme the results were exceptional. Women at the time represented less than about 15% of the undergraduate students at the universities but what we lacked in numbers we made up for in sheer enthusiasm. My own sprint double, a demonstration of how a chubby fresher can improve with a deal of hard work and the spur of some dubiously coloured blazers as a prize, was the result of not so much talent as determination.

I recall 10th May 1980 clearly. A warm day, the stands at Iffley full, the knowledge that on form Cambridge should have little difficulty defeating Oxford women, but with a lot to prove in the 200m where **Kim Tuffnell** and I had been swapping pbs all season. Kim's main event was the 400mH in which she had a national ranking but which did not feature in the Varsity match for a few more years. Her range was such that she had won the Varsity Cross Country in 1977, and placed 3rd in the two subsequent years.

Olympic year, but a Moscow Olympics with all the political pressure that that brought with it- Coe and Ovett inspiring the joggers. Greenham Common, the year John Lennon died.

Those days all Varsity matches were pretty much automatically held at Iffley with Milton Road's unreliable cinder track offering little hope of Blues times in the

sprints. There was some pressure in 1980 for President Neil Leach to elect (it being Cambridge's turn to "host") to hold the match at Cambridge. He still speculates that had he done so the close result in the men's match might have gone Cambridge's way. This would have required **Richard Smith** to step up in the sprints on his accustomed training surface - who knows what might have been... As it was in spite of the dominance of **Carson Porteus** in the hurdles, and the strength of the **Leach/Dorey** combination in the middle distance, the CUAC men somehow contrived to lose the match, whilst the women light blues widened the gap between Oxford and Cambridge, and in the process set 5 match records.

By today's standards the women's result were very respectable: most women who competed on that day would find a place in today's teams. Yes, some of the throws have improved a lot, and the relay change overs are now slicker, but the track results have moved on only intermittently.

I wait breath bated in the hope that Covid will lift and enable us to make the quantum leap with the arrival of **Amy Hunt** at Cambridge and give us the women's first genuine track Olympian (and a couple of new match records that are out of sight... until the next time.)

It mattered so much in 1980 that the old foe be beaten; possibly it matters less and less to me as the years fall away, to the point that for the last five years I found myself happily and enthusiastically coaching a talented Oxford sprint squad. This

year that has changed as I have switched up a distance and back to coaching the alma mater- and as I read again the 2019 Varsity Match results I feel that stirring of the tribal determination to win the day. Here's hoping for the opportunity in 2021.

- Bridget Wheeler

Diane Cheeseman (Horsley)

ST ANNE'S COLLEGE, OXFORD, 1977-81. DIED ON 11TH AUGUST 2020.



Diane Horsley won the 1981 Varsity 1500m, having come fourth in 1980. She was a member of the pioneering first women's team to participate in the Transatlantic US Tour, in 1981. She and international race-walker Chris Cheeseman, who had competed for Centipedes in the steeplechase, became stalwart members of Thames Hare & Hounds.

VARSITY MATCH 10 May 1980, Iffley Road, Oxford

* times to the 100th were manual: electric timing was not used.

MEN, Blues Match

100m* N. Armstrong (O) 11.30, R. Smith (C) 11.36, D. Burn (O) 11.5, A Phipps (C) 11.5

200m* N. Armstrong (O) 22.19, R. Smith (C) 22.39, C. Winter (O) 22.59, A. Phipps (C) 23.4

400m J. McCabe (O) 49.9, R. White (O) 50.0, S. Moriarty (C) 50.5, T. Freeman (C) 50.7

800m R. White (O) 1:54.3, J. Baumgartner (C) 1:54.8, D. Cohen (C) 1:55.1, S. Walsh (O) 2:06.4

1500m D.N. Leach (C) 4:05.7, N. Dorey (C) 4:06.6, G. Reynolds (O) 4:08.7, C. Upton (O) 4:19.1

5000m N. Brawn (O) 14:43.4, M. Rim-

FOND MEMORIES

My primary reminiscence is that I was somewhat surprised to actually win the 400m having had a fully sleepless night, and then went on to act as DJ at the after-event party (I was lugging huge speakers/ etc to Trinity in the evening). **Steve Walsh** was an amazing and inspirational President, no doubt something that logged before **Ian Jackson** and I stood in 1982 for the post.

I have very fond memories of the club atmosphere and thanks to my current Cambridge St Edmund's College connections, am currently in touch with **Jane Reeve** at Ferrari who is still in the midst of a distinguished career in industry and currently in a very senior role and via her with **Lynne Whitaker**, and also less directly with Centipedes 400m runner **George Gilbert** who has also held a dazzling array of senior industry roles.

5000m winner Nick Brawn went on to international vests and a 4th place in the NY marathon in the days when the sport was young. OUAC athletes **John Moreland** (see pp.16-17) **Richard White** (photo below on 1981 US Tour by John Moreland), and **Ian Jackson** have all gone on to multiple international



age group appearances and titles.

My own 4 x 400 vests for England C and E teams in 1983 scarcely count in such a summary, but perhaps a subsequent anchor leg 45.2 split in Feb 1985 representing Natal in the TV2 relays at altitude might (our team finished 2nd in 3:07).

- John McCabe

mer (O) 14:50.0, C. Hirst (C) 15:07.8, T. Eglon (C) 15:18.7
110m hurdles C. Porteous (C) 15.6, K. Cheong (O) 15.8, A. Lucas (O) 16.0, I. Fenn-Tye (C) 16.8
200m hurdles C. Porteous (C) 24.7, A. Lucas (O) 25.3, P. Clarkson (O) 26.1, I.

Fenn-Tye (C) 26.4
400m hurdles C. Porteous (C) 54.3, I. Fenn-Tye (C) 54.7, A. Lucas (O) 54.9, S. Veale (O) 55.3
Steeplechase N. Brawn (O) 9:15.2, D. Flynn (C) 9:16.2, N. Miller (C) 9:29.5, A. Suddards (O) 9:43.4
High Jump W. Dixon (C) 2.00, E. Friend (C) 1.95, A. Beardmore (O) 1.95, T. Press (O) 1.85
Pole Vault M. Zirnbauer (O) 3.80, J. Dow (C) 3.40, S. Benjamin (O) 3.40, R. Stone (C) 3.00
Long Jump C. Porteous (C) 6.82, D. Rist (O) 6.67, S. Brown (C) 6.60, M. Sellars (O) 6.44
Triple Jump S.G. Brown (C) 14.05, T. Herbert (O) 13.46, D. Rist (O) 13.43, J. Bennett (C) 13.39
Shot P. Gomme (C) 13.71, I. Jackson (O) 12.69, L. Browne (C) 12.47, M. Zirnbauer (O) 11.50
Discus I. Jackson (O) 40.74, J. Moreland (O) 38.00, A. Gemmill (C) 36.70, L. Browne (C) 35.32
Hammer N. Spivey (C) 42.76, M. Skinner (O) 42.64, I. Coleman (C) 36.58, J. Oultram (C) 24.46
Javelin A. Best (O) 62.04, A. Robinson (C) 61.34, N. Taylor-Young (C) 55.36, B. Herrod (O) 52.18
4 x 100m Oxford 43.06, Cambridge 43.59
4 x 400m Oxford 3:20.8, Cambridge 3:21.9

Result Oxford 110, Cambridge 102

WOMEN, Blues Match

100m B. Wheeler (C) 12.7 record, M. Goatley (O) 14.0, A. Alexander (C) 14.2, J. Bowes (O) 14.3
200m B. Wheeler (C) 24.7 record, K. Tuffnell (C) 25.3, J. Reeve (O) 26.0, A. Murray (O) 29.5
400m K. Tuffnell (C) 57.2, J. Reeve (O) 59.9, S. Davidson (O) 63.7, F. Pike (C) 64.6
800m J. Lewtas (C) 2:16.1, S. Parker (C) 2:16.3, S. Davidson (O) 2:21.8, C. Simpson (O) 2:34.4
1500m S. Parker (C) 4:44.3 record, J. Lewtas (C) 4:44.7, L. Whittaker (O) 4:51.9, D. Horsley (O) 5:01.9
100m hurdles K. Tuffnell (C) 15.3 record, J. Bird (C) 18.2, R. Slaton (O) 22.5, M. Goatley (O) 22.6
High Jump K. Rose (C) 1.49, M. Goatley (O) 1.40, J. Lewtas (C) 1.35, B. Barber (O) 1.10
Long Jump R. Slaton (O) 5.45 record, A. Jones (C) 4.88, K. Rose (C) 4.73, J. Lecky-Thompson (O) 4.32
Shot H. Barker (O) 9.70, C. Parsons (C) 8.51, J. Morgan (C) 8.36, C. White (O) 6.93
Discus J. Capel (O) 28.84, C. Parsons (C) 28.72, H. Barker (O) 25.12, J. Morgan (C) 23.44
Javelin C. Morris (C) 33.82, J. Capel (O) 32.40, J. Morgan (C) 22.68, L. Alexander (O) 15.40
4 x 100m Cambridge 50.76 record, Oxford 51.52

Result Cambridge 78, Oxford 50

MEN, Centipedes v Alverstone

100m* T. Burton (C) 11.54, P. Baker (O) 11.54, E. Quist-Arcton (O) 11.57, P. Duncombe (C) 12.00
200m T. Burton (C) 22.5, E. Quist-Arcton (O) 22.6, P. Hebron (C) 23.0, G. Gilbert (O) 23.5
400m* D. Corry (O) 51.19, G. Gilbert (O) 51.68, M. Jackson (C) 52.92, P. Duncombe (C) 52.95
800m S. Moore (C) 1:54.7, M. Jackson (C) 1:55.8, N. Fellows (O) 1:57.9, D. Williams (O) 2:02.5
1500m S. Moore (C) 4:07.3, J. Miller (C) 4:13.3, M. Lyne (O) 4:24.3, N. Fellows (O) 4:43.0
5000m D. Nevell (O) 15:45.9, J. Quine (O) 16:23.0, A. Jackson (C) 16:31.0
110m hurdles* C. Scoble (C) 16.29, T.

DOUBLE TRAGEDY

Winner of the shot put in 1980 was **Paul Gomme**, who was soon diagnosed with bone marrow cancer, discovered while on a CUAC training trip to Germany. Paul never let this get him down too much, and remained defiant until the end. Indeed, on his return to university after a year of chemotherapy treatment, when Paul found he could no longer compete so well in the Shot Putt because of the removal of a bone from his leg, he took up the Hammer, and gained a second Blue in that event. But eventually Paul succumbed to his illness, and passed away a couple of years later. The tragedy was doubled not long afterwards, when Paul's close friend, **Graham Goddard**, who succeeded me as CUAC President for 1981, also died prematurely as the result of his failure to take the prescribed insulin for his diabetes.

Who knows what these two thoroughly likeable and talented individuals would have achieved later on, had their lives not ended so prematurely? The question is set in perspective by the third member of that trio, a very close friend of both Paul and Graham who was constantly hanging around with them in Cambridge: her name is Carol Vorderman.

- Neil Leach

Ploszajski (C) 16.29, E. French-Constant (O) 16.38, A. Laughton (O) 17.12
200m hurdles C. Scoble (C) 26.4, J. Ballingall (C) 26.9, E. French-Constant (O) 27.1, A. Laughton (O) 27.6
400m hurdles J. Ballingall (C) 57.0, C. Scoble (C) 58.0, A. Laughton (O) 58.7, A. Lundie (O) 59.2
Steeplechase N. Thin (C) 10:05.5, K. Rutledge (O) 10:27.2, E. McFadden (O) 10:34.0
High Jump R. Creightmore (O) 1.75, E. French-Constant (O) 1.65, R. Woodgate (C) 1.65, T. Ploszajski (C) 1.50
Pole Vault M. Ridpath (O) 3.00, P. Meadows (O) 2.80, T. Ploszajski (C) 2.60, A. Fowkes (C) no height
Long Jump A. Porter (O) 6.31, P. Baker (O) 6.26, G. Finn (O) 6.12, G. Bainbridge (C) 5.80
Triple Jump S. Knight (O) 13.23, A. Nelson (O) 13.22, C. Scoble (C) 13.13, A. Porter (C) 12.80
Shot D. Watson (C) 11.81, A. Fowkes (C) 10.71, R. Clark (O) 10.70, A. Peck (O) 10.61
Discus A. Peck (O) 36.90, D. Watson (C) 31.58, I. Baharrie (C) 29.84, R. Clark (O) 28.10
Hammer M. Coleman (O) 33.76, R. Clark (O) 29.64, D. Watson (C) 29.02, I. Baharrie (C) 20.74
Javelin J. Stenzel (O) 49.20, A. Frazer (C) 47.04, E. French-Constant (O) 45.90, T. Ploszajski (C) 30.66
4 x 100m Centipedes 44.3, Alverstone 46.9
4 x 400m Centipedes 3:28.8, Alverstone 3:32.6
Result Oxford Centipedes 108, Cambridge Alverstone 101



John Bryant

THE QUEEN'S COLLEGE, OXFORD, 1963-66. DIED ON 29TH APRIL 2020



John's PBs included 9:18.2 for the steeplechase in 1966, 14:18.6 for 5000m in 1972 and a 2:21:59 marathon in 1973. He was an integral part of the Achilles track and field team which won the National League Division 4 in 1973

John Bryant's ability to mollify controversial situations was first apparent at Oxford University in 1965 when a group were trying to stop Jeffrey Archer becoming President of OUAC. John mediated between the rival factions and Jeffrey, who was to become a life-long friend, was duly elected to the post.

He combined his work with a running career, including completing 24 marathons. His son Matthew, a fellow member, recalled: "A love of running went through his life like a golden ribbon."

Journalists abhor becoming personally involved in a story. But that was John's fate when The Daily Mail, for whom he worked as Features Editor, decided to support Zola Budd, the South African athlete in taking out UK citizenship so as to be able to compete in the 1984 Olympics. Amidst international furore, the Thatcher Government rushed through her citizenship. Budd, who had been coached by Bryant, accidentally collided with Mary Decker in the 3000 metres final in Los Angeles sending the American favourite tumbling to the track and out of the race. Budd eventually finished seventh.

In 1966, he captained Oxford to victory over Cambridge in the cross-country match and also represented the University at the steeplechase. Bryant told the New Yorker that when he met Archer for the first time, he was taken aback by his zestful confidence. "At Oxford then, there was a fashion to be laid back, to never appear ambitious. Jeffrey was from another planet as far as that was concerned. Almost his first statement to me was 'I want to be Minister for Sport. What's your ambition?'"

While racing in Scandinavia, John made the pace for the Lasse Viren, subsequently to win four Olympic titles,

when the Finn broke one of his early national records.

During the 1970s, John was a regular competitor for both Achilles and Thames Hare and Hounds. He achieved a marathon of best of two hours 21 minutes, much to his delight because it beat the 1952 Olympic marathon winning time of his hero, Emil Zatopek, the great Czech runner.

When Chris Brasher invented the London Marathon in 1981, John thought up ways to interest both men and women in the venture – while also training to take part himself.

John joined The Times, initially as Managing Editor, in 1986 but the following year, he was knocked down by a car on the brow of a hill so severely that the bones from one leg went into the other. His willpower allowed him to learn to walk again and then build up to continue running marathons until 2013. Sometimes Bryant would run the 13 miles from Kingston to The Times, edit the paper and then run home after the first edition had gone.

After a stint as Editor-in-Chief at the Daily Telegraph, John then turned to writing four books on athletics: his biography of Chris Brasher, and his authorized account of the 4 Minute Mile are Achilles classics.

John was an Achilles and Thames man through and through. During the 2012 Olympics he compered the Achilles gathering held at the Royal Overseas League. In 2014, John suffered a cardiac arrest. This led to increasing cognitive issues and he was bed-ridden for the last month of his life, dying in his sleep.

Above based on the obituary by fellow Times journalist John Goodbody.

I knew John from the early 1960s, when we were Sixth Form pupils in similar small Somerset grammar schools. We met again at Reading Station in January 1963 (very cold winter) when we were changing trains for Oxford, to sit entrance and scholarship examinations. For his first year at Oxford John was involved in an alternative lifestyle (drama etc) at Queen's but he re-saw the light in October 1964 and for the next three years was at the heart and soul of OUAC and OUCCC. We shared digs together on the Iffley Road for a year and shared our fourth year on the Dip Ed course.

John's rise and achievements are remarkable. He grew-up and served (behind the bar) in a small pub in a small Somerset village and rose to the heights of national journalism and influence in running (London Marathon and his books). There is so much more that I could say about John. Jeffrey Archer, John and I (all born and raised in Somerset) formed an (the?) influential trio at the heart of the OUAC, particularly during 1965-66/67. At OUAC training camps we co-opted anyone who had some Somerset connection or another, such as having spent a day or two on holiday in Somerset, and played volleyball, basketball etc 'Somerset v the Rest'.—*Tim Taylor*

He always gave me great support and encouragement. Those were fun times and I remember John with fondness. He will be much missed.—*Robert Forber*

I remember John during my Cambridge years 1982-88 and especially when CUH&H captain 1986, his always wonderful speeches and his almighty fight to recover from that dreadful leg fracture. He will be missed but never forgotten. Always inspirational. —*Ifan Lloyd*

Very sad. A lovely man and an honest and excellent journalist. And we can all sympathize with him for helping the noble Lord [London Marathon 2004]. I would have done the same. - John Boulter

I was at School with John and he was an inspiration.—*Roger Munnings*

There are some people you remember and aspire to be like ... so I went on to run and run and do a law degree and cut my teeth in Defamation and Privacy - it was all I wanted to do. He was a great, great journalist and editor as well. - Katharine Skorupska

A sad loss of a good friend.—*Michael Beloff*

In 1993 when I became actively re-involved with Achilles a group of former athletes met at Oxford after the Varsity match and went to an Italian restaurant together. I sat next to John and after some conversation about athletics I asked him what he was doing. He said he was a journalist, and I came out with the ridiculous comment "local newspaper". He agreed. At the time he was the editor of the Telegraph: everyone in the room were killing themselves laughing, except me the ignoramus. I continued to enjoy his scintillating and knowledgeable company for many years. A great life, lived to the full. May we all be thankful that he touched our lives.—*Dai Roberts*

John had a wonderful 'can do' attitude, and showed a positivity and enthusiasm in everything he did, from his own running, journalism and writing, to the support and encouragement he gave to his friends and team-mates in Thames. He had a great sense of humour and an infectious chuckle which made him very good company, and enabled him to be a brilliant and entertaining raconteur. I always remember his after-dinner speeches, particularly the one he gave at one Thames annual dinner, describing the great lengths he had gone to, including early morning practice sessions and intensive timed repetition sessions, as preparation for getting his time (for his speech) down below the 4-minute barrier! He had the audience in stitches. And he didn't achieve his target time on the night!

On a personal level he took great interest and gave me much appreciated encouragement and advice regarding the format and content of my own book, *The Art of Running Faster*.

He was a great guy all round, and will be sadly missed. - *Julian Goater*

Very sad to hear this news. My own memory is of my making the captain's speech at the post-Varsity cross-country match dinner in 1978, hosted by Thames H&H at the RAC club in Pall Mall, and being heckled by John, in his distinctively erudite and witty way. - *Martin Ellison*

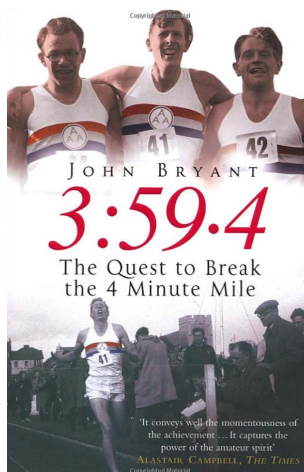
Quite simply, John Bryant was one of the great Thames men, giving over 50 years of unstinting service to the club. He joined Thames in 1967 straight from Queen's College, Oxford. While at Oxford, he competed in the Tortoises-Spartans (second team) cross-country race in 1964, 1965 and 1966, finishing 12th, 14th and 4th and being on the winning side on the latter two occasions. In 1966-67, he was captain of Oxford University cross-country (having been Secretary the season before) and led the club to victory in the Varsity Match against Cambridge in December 1966. He also competed in the 3,000m steeplechase at the Oxford-Cambridge athletics match at White City in 1967.

At Thames, he was vice-captain from 1972-73 and then club captain for four seasons from 1973 until 1977. He was a handicapper for the 1988-89 season and, more recently, served as our seventh President from 2010-15.

On the competitive front, he was one of our foremost runners during the 1970s and early-1980s when we started to emerge as a competitive force in local and regional competition. He won the Short Distance Challenge on three occasions (1975, 1979 and 1980), the Long Distance Challenge twice (1975 and 76) and the 10-mile Challenge six times, including an unprecedented five times in a row from 1974 to 1978 (the other one being 1980). On the handicap front, he won the Midsummer event twice (1988 and 2010), the 10-mile in 2003 and the London Marathon Veteran's Handicap in 2010. He also picked up the Aggregate Handicap in 1988. Having been involved in the establishment of the event, he won the third mob match against Ranelagh in 1975. In the same year, he was also one of the scoring six (who coincidentally had all been involved in the 1966 Varsity Match) when we pulled off an unheralded second place in the Southern Cross-Country Championships at Parliament Hill. Such was the incredulity that quaint old Thames Hare & Hounds could have taken the runners-up spot in one of the prime cross-country fixtures that the announcer, having proclaimed the result, then 'corrected' himself, "That must mean Thames Valley Harriers."

Away from competition, John was also the recipient of the Harry Hall Award in 1977 and was in the chair at the 1980 Annual Dinner at the Oxford and Cambridge Club.

As well as Thames, John had a great affinity with two other athletic events: the Oxford-Cambridge Varsity Cross-Country and the London Marathon. An ever-present face at the Varsity Match since his student days, he was instrumental during his time as Thames captain in ensuring the ladies' race came to the Common to be held alongside the men's contest when it was established in 1976. Later, he was heavily involved in the Centenary Race celebrations and establishment of the Old Blues' Race in 1990. He was closely associated with the London Marathon from its birth in 1981: he competed in it many times; was a Trustee and Vice-President of its charitable trust; and authored *The London Marathon: The History of the Greatest Race on Earth*. In 2004, he chaperoned a reluctant and underprepared Jeffrey Archer around the 26.2 miles.—*Simon Molden, Hon Sec TH&H*



The 1960s



Iffley Road c 1961: Roger Thorn, Rodger Bell, Roger Bell (yes, OUAC really did have two members with almost identical names) John Boulter, Bill Cummins, and Phillip Blair—with thanks to John Boulter for the photo

ODD SHOES

Roger Stennett recalls the Freshers Match of 1969 (*below*) and wearing odd shoes, as was fashionable among straddle jumpers. Lest the niceties of a technique now consigned to history are lost he notes that jumpers take off foot spiked in sole and heel, and the front leg that was kicked up, in non spike flat trainers so the foot wouldn't catch on the ground as it was brought through.

SELF TAUGHT

Roger (*right*) studied Brumel's technique and even read a Russian thesis in translation—he was largely self taught and reckons knew a great deal more as a practitioner than national coaches did.



Lewis, Scarfe, Njoku, Pinshon, Goodridge, Roulstone, McNair, Ellicock, Gyles, Hemery, Quarshie Pelles, Dyle, Macdermott, Danielewski, Hemming, Osaffan, Dale, Vincent, Hall, Hill, Lewis Conteh, Gossage, Oldfield, Stennett, Colquhoun, Thompson, de Villiers, Hardin, O'Brien, Hull, x, Day

The CUAC 1969 Tour to Sweden and Finland

Ross Moughtin has forwarded these photos from Ben Boulton-Maggs, and recalls living off expenses and running 11 races at 400m and 800m. The tour was organised by John Rix.

(Right) Suwaki (Japan), Tony Ashton, newly married Dave & Christine Bryant, John Roberts, Chris Garforth, Colin Cusick, Ross Moughtin, Dave Knight, Ben Bolton-Maggs, Phil Thomas and Howard Becker (USA), at Varkaus in Finland

(Below) 1500m: Phil Thomas (17), Dave Bryant (14) and Tony Ashton (16).



The Cook Family

Roy Cook, Jesus College Cambridge, 1952-56, competed in the 220y Hurdles in the Varsity Sports of 1956.



Tim Cook (left), Jesus College, Cambridge 1981-84. 1984 Varsity 4x400 and 2nd team 400m & 800m winner (faster than both second string Blues on each occasion).
 With Justin Cooper, Dave Higgins and Dom Emery.



Kate Cook (Tim's twin-now Swinburn) (centre) -Robinson College, Cambridge 1982-85, CUAC captain 1984-5. Winner of the 1984 Varsity discus in a new match record.
 With Pippa Clifford, Susi Caesar, Bryony Lovett, Emma Howard (Hooper), Jane Price, Catherine Rogerson, Margaret Worrall, Kate Waite, Jo Neill et al



MISSING MEMBERS

If you are in contact with any of the following,
please ask them to email membership@achilles.org



- Gordon Drew - 1947
Paul Jeanty - 1947
Jolyon Rymer - 1947
Robert Reynolds - 1948
John Seale - 1948
David Shiress - 1949
David Powell - 1950
David Lyall - 1951
Jean-Pierre Matossian - 1951
Richard Broad - 1952
Bob Catterall - 1952
Iain Crawford - 1952
Henry Leader - 1952
Gerald Butterworth - 1953
Graham Barker - 1954
James Batten - 1954
Gareth Jones - 1954
Christopher Higham - 1955
John Maitland - 1955
Eduard Freitag - 1956
Roger Pinnick - 1956
Timothy Sainsbury - 1956
Edgar Samuel - 1957
Ronald Forster - 1958
Anthony Gibbs - 1958
Lawford Howells - 1958
David Churchill - 1959
John Cuthbert - 1959
John Pinnick - 1959
Steve James - 1960
David Lewis - 1960
Herb Elliott - 1961
Colin Bacon - 1962
Tim Briault - 1962
Peter Burrows - 1962
Jack McWhor - 1962
George Darroch - 1963
Michael Davies - 1963
Mike Ralph - 1963
Geoff Bostock - 1965
Michael Chapman - 1965
Martin Clark - 1965
Robin Inglis - 1965
Graham Plows - 1965
Dick Pyle - 1965
Geoffrey Williams - 1965
Edwin Gale - 1966
Mike Powell - 1966
Peter Auksi - 1967
Geoffrey Grigson - 1967
John Smith - 1967
Alan Heath - 1968
Christopher Webb - 1968
Peter Wray - 1968
David George - 1969
David Graham-Young - 1969
Richard Green - 1970
Leon Hall - 1970
Peter Thompson - 1971
Biff Hannibal - 1972
Benjamin Davies - 1973
Rob Crittenden - 1974
Nigel Boulding - 1975
Andy Brown - 1975
Adam Chedburn - 1976
Pete Edwards - 1976
Julian Ellis - 1976
John Morris - 1976
John Slaney - 1976
Charles Aithie - 1977
Anthony Dyke - 1977
Cathy Meunier - 1977
Mary Underhill - 1977
Peter Warfield - 1977
Kenrick Cheong - 1978
Roger Hodgson - 1978
Andy Shepherd - 1978
David Grant - 1979
Martin Rhodes - 1979
Glyn Reynolds - 1980
David Rist - 1980
Kim Wells (Tuffnell)- 1980
Andrew Beardmore - 1981
Sarah Sanderson (Davidson)- 1981
Rona Slator - 1981
Jonathon Stoodley - 1981
Nicholas Armstrong - 1982
Nick Fellows - 1982
Mark Jackson - 1982
Jennifer Jolley (Bird)- 1982
Simon Small - 1982
Alistair Brown - 1983
Marcus Darville - 1983
Alistair Edgar - 1983
Elizabeth Gee - 1983
Patrick Hannon - 1983
Charles Hovenden - 1983
Kareen Marwick - 1983
Julie Morgan - 1983
Lindon Neil - 1983
David Taylor - 1983
Paul Carleton - 1984
Joe Coles - 1984
John Fordham - 1984
Heather Linaker (Townshend)- 1984
Matthew Power - 1984
Andrew Richardson - 1984
Janet Corlett - 1985
Marco Fasoli - 1985
Tim King - 1985
Michael Molitor - 1985
Felicity Waterman - 1985
Liz Boothroyd (Hand)- 1986
Patricia Bradley (Jennings)- 1986
Pete Kanowski - 1986
Andy King - 1986
Sarah Rees (Smith)- 1986
Caroline Ball - 1987
Keith Blackwell - 1987
Clive Bromhall - 1987
Kathleen Clair - 1987
Richard Dawson - 1987
Ginny Evans (Thompson)- 1987
Olu Fajemirokun - 1987
Pete Fulcher - 1987
Andy Geddes - 1987
Kate Harper - 1987
Chris Harris - 1987
Bob Cobb - 1988
Tim Cross - 1988
Corinne Cummings - 1988
Peter Darbyshire - 1988
Dawn Fletcher (Duckworth)- 1988
James Hely Hutchinson - 1988
Helen Hoyle - 1988
Sarah Keir - 1988
Peter Laws - 1988
Mairi MacLean - 1988
Emma McBrien - 1988
Ian McDonald - 1988
David Smith - 1988
Wole Soboyejo - 1988
Simon Briggs - 1989
Nick Bulbeck - 1989
Nigel Clarke - 1989
Phillip Darbyshire - 1989
Pierre Delforge - 1989
Rod Driver - 1989
Sean Gibbons - 1989
Jeremy Lai - 1989
Dave Layton - 1989
James Leach - 1989
Paul Mendham - 1989
Uzo Onwere - 1989
Javier Pes - 1989
Gary Pitts - 1989
Richard Shearmur - 1989
Catherine Shelley - 1989
Ian Silvester - 1989
Charles Addison - 1990
Scott Bryan - 1990
Simon Firth - 1990
Martin Hepworth - 1990
Larry Mathews - 1990
Matt Newman - 1990
Rachel Osman - 1990
Dominic Tilley - 1990
Lawrence Tsang - 1990
Alan Walton - 1990
Philip Wilkins - 1990
Vicky Barton - 1991
John Brecknell - 1991
Hugh Briggs - 1991
David Burrows - 1991
Courtney Cook - 1991
Giacco Corsini - 1991
Simon Harding - 1991
Kate Houston - 1991
Kheredine Idessane - 1991
Tanny Liverpool - 1991
James MacNachten - 1991
Laura Marsiliani - 1991
Rob Marx - 1991
Ade Odunsi - 1991
Matthew Pay - 1991
Bob Ryan - 1991
Iain Scott - 1991
Andrew Skates - 1991
Jason Skill - 1991
Rowan Smith - 1991
Peter Springett - 1991
David Stewart - 1991
James Street - 1991
Andy Thompson - 1991
Tim Wright - 1991
Jo Adams (Latimer)- 1992
Tracey Aldridge - 1992
Robin Bordoli - 1992
Sue Burgis - 1992
Helen Bushell - 1992
Becky Hearn - 1992
Andy Johnston - 1992
Stewart Martin - 1992
Derek Ormerod - 1992
David Rowlands - 1992
Kate Shepherd - 1992
Marie Smith - 1992
Vince Smith - 1992
Allan Taylor - 1992
Chris Townsend - 1992
Linda Whiteford - 1992
Ade Adebajo - 1993
Jeremy Arnold - 1993
David Bond - 1993
Mike Douglas - 1993
Alan Ingram - 1993

Continued on p.36



Above - Roger Robinson (still a prolific runner in his 80s) hands over to Mike Turner during CUAC's 1960 successful attempt on the John O'Groats to Lands End relay record.



Right - Tom Blodgett placing 2nd in the M50 decathlon at the World Masters in Eugene in 1989

Owain Bristow

CHURCHILL COLLEGE, CAMBRIDGE 2004-07. DIED IN A CLIMBING ACCIDENT ON THE SCOTTISH COAST ON 21ST AUGUST 2020.

Owain Bristow joined CUH&H as a fresher in 2004 and it was on the roads and over the country where he enjoyed his greatest success, racing with a steely, bespectacled grimace in the CUH&H Blues cross country team in each of his years at Cambridge and gaining his Full Blue in the process. Owain placed eighth in his first Freshers Fun Run on 10th October 2004, a race which he would later go on to win in 2008, and in his first year with the club he also placed sixth in College Cuppers, which secured his place in the Blues team for the Varsity cross-country on the challenging Wimbledon Common course. Owain was part of the winning Cambridge Blues teams in 2006 and 2007, while it was in his final year that he achieved his highest finishing position, a hard-fought fourth place behind three formidable Varsity stalwarts, Paolo Natali, Ian Kimpton and James Kelly. Owain donned the CUH&H vest at every available opportunity, running in third Cambridge scorer at his first BUCS cross country and as top-scorer in 2007, winning the Chariots of Fire relays as part of the CUH&H 'A'

team in 2005, and racing with customary grit in the Roman Road Run, mob matches and local invitationals throughout his time in the fens. Upon graduating, he even took a third place finish in a hotly contested 2008 Old Blues race on the Common to complement his achievements as a student.

God what a punch in the stomach this was. Even more so because Owain was our youngest during my Varsity years (and he'd be up to all sorts of funny things – some inappropriate – at training camps). And that leaves me with a subtle sense of guilt because the sequencing is all wrong: I am the oldest, I should be the one to go first.

- Paolo Natali

Not just a mud lark, Owain also enjoyed success on the track with CUAC. He ran the 3000m at his Freshers Match in 2004, placing third, while he ran Cambridge's equal-second fastest 1500m in the 4x1500m relay at VFEAR in 2007 (in 4:18.4), helping the team to a victory in that event. However, Owain was most prolific at Varsity Sports, winning the Alverstones

5000m in 2005, 2006 and 2008, and finishing third in the Blues race over the same distance in 2007. That year he also ran his personal best of 15:03.42 in the final of the BUCS championships, having already run a 20 second PB in order to qualify from the heats two days earlier (with 15:12). It was this determination to push himself each and every race, as an individual and for the team, for which he will be remembered on both the track and over the country.

Owain served on the CUH&H committee for three years, first as Alumni/Sponsorship Secretary in 2005-6, followed by acting as joint Press Secretary (with Leika Gooneratne) in 2006-7 and later being co-opted for the 2007-8 season.

A real enthusiast, he provided numerous reports of races and social events over the years, including his 2006 account of a lunch with Cambridge legend Mike Turner, reproduced below, which

serve as a fitting reminder to his knowledge of, and love for running. There are many fond memories, too, of his activities – a few unprintable – during Harey training camps, of which he was a staunch supporter. Owain was also a committed volunteer and minibus driver with the university charity, Campus Children’s Holidays, freely offering his time to ensure that underprivileged youngsters from inner-city Liverpool were given a summer holiday.

After completing his NatSci course at Churchill, Owain continued straight into the Cambridge PGCE (at Queens’), going on to become a successful and popular teacher, first in Edinburgh and later Aberdeen. Five years ago he was appointed Head of Biology at Robert Gordon’s College, where Owain took pride in sharing his love of the natural sciences with his



pupils and colleagues, and where he is remembered as a “much-loved” teacher.

Upon moving to Scotland, Owain spent much of his spare time climbing mountains and scaling rock faces. He enjoyed the ruggedness of the outdoors with a similar verve to when tackling a hard long run, and as a result he still ran a mean 5k as a regular supporter (and winner) of the Hazelhead Parkrun.

Our sincere condolences go to his family and friends, and when social distancing rules allow, we wish to hold a run in his honour. Any plans will be communicated on the CUH&H alumni email list and we hope that you will join us, whenever that may be, to run hard and “bang it in”, as Owain would have said.

- Humphrey Waddington

Keith Marsden

CAIUS COLLEGE, CAMBRIDGE 1951-54. DIED ON 14TH MAY 2020



Keith Marsden competed in the 880y at the Varsity Sports of 1952 when he placed a close third (*above left*—number 4) to Roger Day (2) and Sidney Bryant (1). In 1953 he was again a close third to Ian Boyd and Day. He moved up to the mile in 1954, when he yet again narrowly missed out on victory (*above right*) to George Dole (1) in an epic encounter which saw both athletes knock 20 seconds off their pb's.

Keith represented England in international meetings in England, Scotland and Norway, and was on the Achilles tour to Malmo, Gothenburg, Stockholm, Oslo and Copenhagen in 1956. A much loved member of the Club, in later life he was a regular spectator at Varsity Matches, and accompanied the Achilles teams on further tours to South Africa and to Italy.

How sad. I met Keith in at least 5 different countries through Achilles and regularly had enlightening conversations with him. Maybe the only member left who had been on more tours than I.

- Alan James

John Kitching

TRINITY HALL, CAMBRIDGE 1955-58. DIED ON 27TH DECEMBER 2020.

John Kitching was a versatile athlete, placing 1st in the high jump and 2nd in the javelin at the Varsity Match against Oxford in 1957, and then reversing that with 1st in the javelin and 2nd in the high jump in 1958. He was a member of the combined Oxford & Cambridge team which toured the USA in 1957, and won the javelin in matches both against Harvard & Yale and Penn & Cornell.

John was a regular attendee of Achilles events, and a supporter of the Achilles Trust.



Jeremy Nichols

FITZWILLIAM HOUSE, CAMBRIDGE, 1962-65. DIED ON AUGUST 8, 2020



Jeremy Nichols competed in the discus in the 1964 Varsity Sports, and achieved his best throw of 40.36 (132' 2.5") on 30 April 1963 at Milton Road..

He pursued a distinguished career in teaching, first as a housemaster at Eton and then headmaster of Stowe for 14 years

His father Derek won the 220yH at the 1937 Varsity Sports.

Keith Fraser

UNIVERSITY COLLEGE, OXFORD, 1946 -48. DIED ON 23RD MARCH 2017

Peter Green

SIDNEY SUSSEX COLLEGE, CAMBRIDGE 1958-61. DIED ON 22ND JUNE 2019.

Wynne Hamilton Foyn

BRASENOSE COLLEGE, OXFORD, 1942-47. DIED ON 19TH APRIL 2017.

'Tubby' Foyn recalled, in correspondence with the Club some years ago:

"I was lucky having been a bit damaged in 1942 in the RAF to be team manager to the 1946/7/8 OUAC teams including the famous London Games and German tour: this must have been the most publicised team of all time with Tommy Macpherson, Roger Bannister, Ray Barkway, the two McWhirters, Peter Curry, Geoff Tudor, KKT Mara (later President of Fiji) as well as South Africans and Australians. I was coach to five Olympians ,etc, but knowing nothing about it Sandy Duncan regularly told me what to do next. It was all such fun."

Charles Moore

CORNELL UNIVERSITY 1949-52. DIED ON 19TH APRIL 2017.



Charlie Moore, Olympic 400mH Champion in 1952 was a tireless supporter of the Transatlantic Series, and friend of generations of Achilles members from Roger Bannister and his contemporaries to athletes in the most recent matches. He is pictured above with his wife Judith and with Dai Roberts after the 2018 match against Penn & Cornell at Oxford, and he attended the Achilles Centenary Ball in 2019. Having revolutionised one lap hurdling by pioneering the use of a 13 stride pattern, he retired immediately after the Games and forged a successful business career. He later served as a Director of the US Olympic Committee, and returned to Cornell as Director of Athletics (i.e. all sports), a role in which his outstanding contributions are still felt twenty years later. He had been enthusiastically promoting Cornell's celebration of 100 years in the Transatlantic Series, which will now take place in 2022.

Meyrick Hudson Bennett

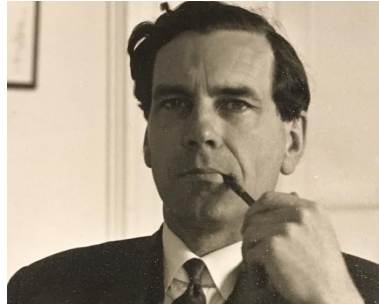
DOWNING COLLEGE, CAMBRIDGE,
1936-1940. DIED IN 2001



Dr MC Hudson Bennett competed in the 220y hurdles in Varsity Sports of 1937 and 1938.

Sir Brian Young

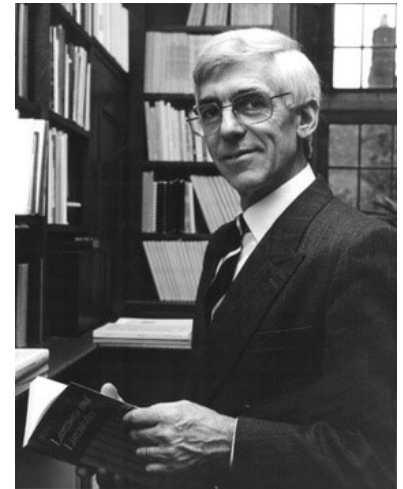
KING'S COLLEGE CAMBRIDGE,
1945 -47. DIED ON 11TH NOVEMBER 2016.



Brian Young competed in the 220y hurdles at the Varsity Sports of 1946 and 1947. In a varied career he became head-master of Charterhouse and then Director General of the Independent Broadcasting Authority.

Sir John Lyons

CHRIST'S COLLEGE, CAMBRIDGE
1950-53, AND MASTER OF
TRINITY HALL. DIED ON 12TH
MARCH 2020.



John Lyons won the pole vault at the Varsity Sports of 1953 having also competed in 1952. He was Senior Treasurer of CUAC from 1986 to 1987: already Master of Trinity Hall, he took over the role from Basil Shone, until Chris Thorne was persuaded to do a second stint.

Eugene Theunissen

TRINITY COLLEGE, OXFORD,
1937-40. DIED ON 28TH JUNE
1998

John Haddock

WADHAM COLLEGE, OXFORD,
1950-53. DIED ON 19TH MAY
2018

John Haddock placed equal 4th in the 1952 Varsity Cross-Country, famously held in 'peasouper' fog. In almost zero visibility members of TH&H took up positions around the course and blew whistles to guide the runners. In the circumstances it was remarkable that John was one of only two runners to lose their way, and that but briefly. Oxford won convincingly.

Derek Grayson

CLARE COLLEGE, CAMBRIDGE,
1958-51. DIED DURING 2018.

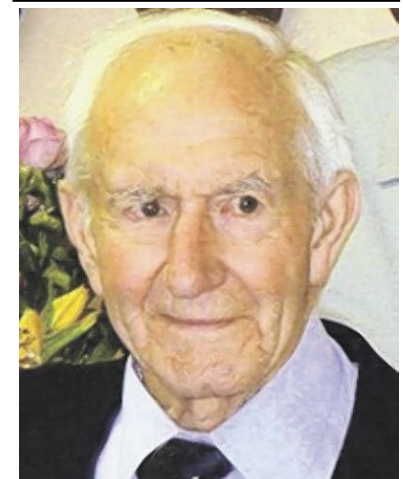
Derek Grayson represented Cambridge against Oxford in the Varsity Cross Country of 1950, placing 6th and 3rd scorer for the victorious Cambridge team in a race won individually by Chris Chataway, and in the Varsity Sports 3 miles of 1951, placing 4th of 6 in 15:04.0, behind Philip Morgan (who set a new match record) and Chris Brasher.

Gordon Staniforth

ST CATHARINE'S COLLEGE, CAMBRIDGE,
1937-39. DIED ON 27TH
JULY 2006

Vernon Sams

QUEEN'S' COLLEGE, CAMBRIDGE,
1947-49. DIED ON 28TH AUGUST
2012.



William Northam

CLARE COLLEGE, CAMBRIDGE,
1950-53. DIED ON 6TH AUGUST
2008

After working at Monash University in Australia, Bill Northam returned to Cambridge and became Deputy Director of the Fitzwilliam Museum

Michael Nugent

JESUS COLLEGE, CAMBRIDGE,
1955-58. DIED ON 4TH AUGUST
2020

Mike Nugent came up to Jesus College, Cambridge, in 1955. Already an accomplished pole vaulter, as a freshman he placed 2nd for Cambridge to Oxford's Ken North in the Varsity Sports of 1956 with 12'6". He placed 6th that year in the AAA (i.e. British) Championships.

In 1957 he again placed 2nd to North in the Varsity Sports, clearing 12', improved to 5th in the AAA's and represented Great Britain at the International Student Games in Paris.

1958 proved to Michael's most successful year. He again placed second at the Varsity Sports, this time to his Cambridge team mate JR McManus (12'3" to 12'6"), placed 3rd against Cornell & Pennsylvania at White City with 12'6", and that year having again placed 5th at the AAA's he led the Achilles rankings (compiled by Guinness Book of Records founders the former Oxford Blues Ross & Norris McWhirter) with 12'8".

Michael resided in later life in New York. He was a substantial contributor to the American Achilles Foundation and to the Transatlantic Series, working closely with Tom Blodgett, and was member of the Club's Gold Circle of major donors. His bonhomie at Tom's convivial AAF dinners will be particularly missed. He was in cheerful correspondence with the Club as recently as April 2020, reporting that he and Maureen were coping well with lockdown, before he succumbed swiftly and unexpectedly to cancer.



Michael Nugent at the 1958 Varsity Ball with his future wife Maureen



Philip Evans

ORIEL COLLEGE, OXFORD, 1954-
57. DIED ON 29TH DECEMBER
2019.

In the 1955 Varsity Cross Country, Philip Evans placed 5th, third scorer for the victorious Oxford team, (pictured left) behind Alan Gordon, Ian Boyd and Roger Dunkley. On the track in the 1956 Varsity 3 Miles he placed 3rd in 14: 14.6 behind returning Olympian Boyd and world junior mile record holder Dunkley.

Bruce Tulloh

SELWYN COLLEGE, CAMBRIDGE,
1959-61. DIED ON 28TH
APRIL 2018



The Club is later in marking Bruce Tulloh's passing than should have been the case, a delay perhaps caused by his rather ambivalent attitude to membership! He was nevertheless one of our greatest: 2nd to Steve James in the 1959 Varsity Cross Country, and winner of the 3 miles at the 1960 VM, the year in which he competed at 5000m in the Olympic Games. He was European Champion in 1962. He coached several Achilles athletes, including Olympic marathon 5th placer Richard Nerurkar, Jerry Barton, and Jon Brooke.

Roland Leeson

ST CATHARINE'S COLLEGE, CAM-
BRIDGE 1944-47. DIED ON 12TH
MAY 2006

C. Roland Leeson won the High Jump at the Varsity Sports of 1946

David McElwaine

PETERHOUSE COLLEGE, CAM-
BRIDGE, 1942-43. DIED IN
MARCH 2016



David McElwaine competed in the long jump at the Wartime Varsity Sports. Corresponding with the club in 1999, he recalled that he had felt on form for 22ft which would have given him victory, but was bitterly disappointed to record three no jumps.

Desmond Stratton

MAGDALENE COLLEGE, CAM-
BRIDGE 1945-48. DIED ON 16TH
NOVEMBER 2010

Desmond Stratton competed in the Mile at the Varsity Sports of 1946 and 1947.

Neville Ure

CAIUS COLLEGE, CAMBRIDGE
1944-46 . DIED IN 2012

Neville Ure competed in the 120yH at the 1946 Varsity Sports.

The Right Honourable John Turner PC CC QC

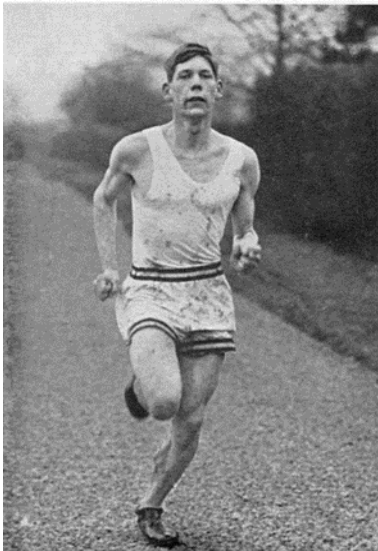
MAGDALEN COLLEGE, OXFORD, 1949-52. DIED ON 10TH SEPT 2020



John Turner had qualified for the Canadian Olympic team in 1948, but was unable to compete through injury. A Rhodes Scholar at Magdalen from 1949 to 1952, he placed second to Keith Finley in the 100y at the 1952 Varsity Sports, beating Alan Sexton and future 400mH Olympian Bob Shaw. He had a best time of 9.6 for 100y. A distinguished lawyer and politician he became Prime Minister of Canada in 1984, and then Leader of the Opposition.

John Pemberton

KEBLE COLLEGE, OXFORD 1939-41. DIED ON 11TH MAY 2020, AGED 100



John Edgar Lambert Pemberton competed in the first two wartime Varsity Cross-Country Races, held in February 1940 (at Oxford) and February 1941 (at Cambridge). In the latter year, he was Oxford captain and took the individual honours in a time of 45 minutes, 10 seconds, although Oxford lost the team contest by 32 points to 46. On the track, in the Wartime Varsity Sports held at Oxford in March 1941 he won the 3 miles.

He taught in Suffolk at Framlingham College Junior School, St Edmund's School, Kesgrave,

Charles Simeons

QUEENS', CAMBRIDGE 1944-46. DIED ON 3RD AUGUST 2014.



Professor DB Stronach OBE

ST JOHN'S COLLEGE, CAMBRIDGE, 1951-54. DIED ON 27TH JUNE 2020



David Stronach competed in the 100y at the Varsity Sports of 1953.

Geoffrey Tudor

CHRIST CHURCH, OXFORD, 1945-47. DIED ON 2ND OCTOBER 2018



Geoff Tudor (pictured winning the 880y v Queen's Belfast at Iffley Road in May 1946) competed in the Varsity Cross Country matches of 1945, 46 and 47, and at 880y and 1 Mile at the Varsity Sports of 1946 and at 3 Miles in 1947. He represented Great Britain in the Steeplechase at the Olympic Games of 1948.

Michael McKean

NEW COLLEGE, OXFORD 1952-55. DIED ON 11TH MAY 2020.

Mike McKean was in the winning Oxford teams in the Varsity Cross Country races of 1953 and 1954, and competed at 3 Miles in the Varsity Sports of 1955. With great enthusiasm he helped host the 1998 Achilles tour to Guernsey which included a warm up match for the visiting Penn and Cornell Universities.

MISSING MEMBERS

-continued from p.27. If you are in contact with any of the following, please ask them to email membership@achilles.org

Suzanna Jemsby (Leaman) - 1993
Rachel Jordan - 1993
Stewart McMorran - 1993
Gerald Preston - 1993
Simon Steer - 1993
Tim Stewart - 1993
Tony Underwood - 1993
Simon Walker - 1993
David Wright - 1993
Julia Church - 1994
Baz Clark - 1994
Stephen Crouch - 1994
Alex Dawes - 1994
Stuart Fairley - 1994
Lorraine Harry - 1994
Ian McAllister - 1994
Mark Middleton - 1994
Leon Stephenson - 1994
Gordon Williams - 1994
James Bobby - 1995
Brett Williams - 1995
Alex Wreth - 1996

Robert Critchley - 1997
Susie Hodgkinson - 1997
Alan MacPherson - 1997
Dani Martin - 1997
James Reynolds - 1997
Craig Shepherd - 1997
Matt Albrighton - 1998
Sarah Dillon - 1998
Julia Melling (Galey)- 1998
Bethan Page-Jones - 1998
Anna Warren - 1998
Alan Dunwoodie - 1999
Samantha George - 1999
Andy Carnall - 2000
Ben Dunnett - 2000
Andreas Fox - 2000
Bob Goodwin - 2000
Nathan Marston - 2000
Matt Scase - 2000
Alastair Burgess - 2001
Sherree Halliwell - 2001
Mark Hypolite - 2001

Karen Noonan - 2001
Hannah Oag - 2001
Ben Clare - 2002
Graeme MacKay - 2002
Ed Green - 2003
Hugh Watson - 2003
Hettie Briscoe - 2004
Clara Brown - 2004
Corin Hughes - 2004
Simon Samuels - 2004
Sarah Wilson - 2004
Bayo Biobaku - 2005
Aki Abiola - 2006
Naomi Millner - 2006
Stuart Forbes - 2007
Chanda Kapande - 2007
Decker Walker - 2007
Sarah Fielding Smith - 2008
Rota Stone (Vavilova)- 2009
Paul Kirsch - 2010
Gus Mercer - 2011
Helen Rollins - 2011

- continued from page 17

set figures of 11.77 in the triple jump. Andy Hodge edged the high jump from Yales' Jon Tilburt with both clearing 2m. Carolyn May took wins in both the long and high jump.

There was a mile handicap race that saw both Chris Chataway and Chris Brasher in action on the track where they had helped make history in 1954.

Looking forward

25 years ago seems a long while back. It was. I have many good memories of it. There were experiences I'm still very conscious of and shaped by today, even though some didn't necessarily feel as notable at the time. And I am thankful to Paul for reminding me of some memories that had been lying dormant.

This past year has made many of us more aware of who and what it is in the sport and life we value: the good things and good people our sport has given us. And whatever the changing landscape, I hope we are all talking about the many good things the sport is continuing to give us in the near future.

OLD GIT NEWS

Chris Daniels had a full hip replacement two years ago. He has recovered well and did a 45 min 10k in Tel Aviv 6 months later, in October 2020 clocked 18:27 for 5k, and in December placed 29th for the Old Gits against CUH&H in virtual mob match (see following page) His next target is a return to track 1500m running.

OUCCC v CUH&H



OUCCC Old Gits vs CUH&H Greyhounds Virtual 5km Mob Match

3rd to 6th December 2020

1. Jack Millar	University	Oxford	14:56	SEN
2. Richard Ollington	Pembroke	Cambridge	15:05	SEN
3. Alex Muir	Brasenose	Oxford	15:20	SEN
4. Jamie Parkinson	Somerville & Jesus	Oxford	15:55	SEN
5. Matthew Barnes	St. Peter's	Oxford	15:59	V40
6. James Hoad	Christ's	Cambridge	16:11	SEN
7. Miles Chandler	Lady Margaret Hall	Oxford	16:37	SEN
8. Tom Goulding	Caius & Hughes Hall	Cambridge	16:41	SEN
9. Thomas Lamont	University	Oxford	16:48	SEN
10. Nick Cunkelman	St. Catherine's	Oxford	16:50	SEN
11. Emma Hodson	Merton	Oxford	17:19	V35
12. Hugh Baker	Hertford & Jesus	Oxford	17:33	SEN
13. Simon Molden	Christ Church	Oxford	17:54	V40
14. Sam Garforth	St. Edmund Hall	Oxford	17:57	SEN
15. Kimberly Horner	St. Catherine's	Oxford	17:58	SEN
16. Bob Hoogendoorn	Hughes Hall	Cambridge	18:36	SEN
17. Darren Talbot	Darwin	Cambridge	18:57	V40
18. Jonathan Harrison	St. Hugh's	Oxford	19:00	SEN
19. Julia Wedmore	St. John's	Cambridge	19:22	SEN
20. Emma Coleman-Jones	Newnham	Cambridge	19:24	V45
21. Bethanie Murray	Jesus	Oxford	19:52	SEN
22. Sarah McCuaig	St. Hilda's	Oxford	20:01	SEN
23. Megan Wright	Balliol & New College	Oxford	20:05	V45
24. David Muckersie	St. Edmund Hall	Oxford	20:05	V60
25. Helene Greenwood	University	Oxford	20:08	SEN
26. David Barker	Downing	Cambridge	20:10	V40
27. Claire Altmann	Queens'	Cambridge	21:02	V35
28. Natalie Haarer	Pembroke	Oxford	21:11	SEN
29. Chris Daniels	Worcester	Oxford	22:00	V50
30. Rachel Skokowski	University	Oxford	22:32	SEN
31. Ed Egan	Pembroke & Green	Oxford	22:37	V45
32. Naomi Webber	Worcester	Oxford	22:50	SEN
33. Suzana Markolovic	Jesus	Oxford	23:54	SEN
34. Kevin Rutledge	Wadham	Oxford	24:20	V60
35. Stuart Moore	Christ's	Cambridge	31:02	V60
36. Peter Holdsworth	Lady Margaret Hall	Oxford	33:01	V55

	Oxford	Cambridge
<i>Mob Match Result (scoring 10-a-side):</i>	75 points	176 points
<i>Gentlemen's Result (scoring 7-a-side):</i>	39 points	110 points
<i>Ladies' Result (scoring 3-a-side):</i>	47 points	66 points
<i>Veterans' (mixed) Result (scoring 5-a-side):</i>	76 points	125 points



